Defendants' Exhibit C Fairfield Hills Hospital Medical Records Excerpts Brett Bolmer 1981, 1982, 1985

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# FAIRFIELD HILLS HOSPITAL

# PREVIOUS PSYCHIATRIC HOSPITALIZATIONS

NAME OF PATIENT	BRET BOLMER	CASE	NUMBER	063,053	
DATE OF BIRTH_	6/17/60				
NAME OF HOSPITAL	ADMISSION DATE	DISCHARGE DATE	. (	DIAGNOSIS PSYCHIATRIC)	
<b>FHH</b> :	7/10/81	7/10/81		MENT DISORDER WITH ESSED MOOD	
FHH	266/82	3/11/82	INTERMIT ALCOHOL	TENT EXPLOSIVE DISORD Abuse	ER
FHH	10/5/85	10/7/85	mood; alco	disorder with depression disorder with depression depression of the disorder disorde	5

Clinical Summary

Case No. 063,053

Name BRET BOLMER Page 1

#### DATA BASE

#### ADMISSION & CERTIFICATION NOTE

JULY 10, 1981: This is a 21 year old, white, male, single, admitted on a 15 Day Physician's Certificate from Danbury Hospital by Dr. Elliot. The Physician's Certificate stated patient is going to commit suicide. Patient is very agitated and shouting that he wanted to die and became violent so that 4 males and 3 females controlled him and restrained him to bed shouting foul language. Very upset about his girlfriend with the belief she cheated him.

ON ADMISSION: Very uncooperative. PHYSICAL EXAMINATION: Uncooperative

TENTATIVE WORKING DIAGNOSIS: AXIS 1: 296.50 Major Depression AXIS II: 799.90 Diagnosis Deferred

INITIAL TREATMENT PLAN: Valium 10 mg IM Stat

DISCHARGE PLANNING: Discharge home after evaluation and treatment

and after seen by psychiatrist and the team.

JUSTIFICATION FOR ADMISSION: Incapacitated by mental illness. Level of functioning impaired to extent that patient is unable to adequately care for self or be cared for in other than a psychiatric hospital.

Senior Physician

PD:ef

JULY 10. 1981: The admission note in this case has been reviewed by the undersigned. Judith Harmon, Psychiatric Social Worker, has been designated as responsible for coordinating the discharge planning.

I have examined the patient and am in agreement that he is in need of psychiatric evaluation on the basis that he is in need of evaluation and treatment.

Staff Psychiatrist

SM:ef

JULY 10, 1981 - DISCHARGE NOTE: Patient today discharged from the hospital.

₩H-12-A

#### FAIRFIELD HILLS HOSPITAL

CLINICAL SUMMARY

Case No. 063,053

Name Bret Bolmer

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July 10, 1981 - DISCHARGE SUMMARY

### 1. INITIAL PSYCHODIAGNOSTIC APPRAISAL

A. Patient is a 21 year old white male, single, bouncer, lives with friends, brought in on a 15 day P.C. signed by Dr. Elliot of Danbury Hospital. This is his first admission here at Fairfield Hills Hospital.

P.C. states that patient called Danbury Police Station saying he was going to kill himself. The call was traced and the patient was picked up and brought to the hospital. His girlfriend jilted him a few days ago.. Also attacked his mother's boyfriend with a chain saw.

Patient states he was depressed because he found his girlfriend cheating on him. Denies suicidal ideations. States he just wanted to seek help by talking to someone. Doesn't want to hurt himself, and is worried about losing his job. Denies suicidal ideations.

Patient is cooperative, oriented to the spheres X3. Denies auditory hallucinations. Denies drug abuse. Admits to alcohol abuse. Denies suicidal ideations. States he is feeling better and wants to return to work.

- B. Etiology: Is considered a socioeconomic one; his girl cheating on him and his drinking.
- C. <u>Prognosis</u>: Is considered good. A talk with his probation officer confirms this.
- <u>D. Diagnosis</u>: Axis 1 309.00 Adjustment disorder with depressed mood. Axis 11 V71.09 No diagnosis. Physical: Deformity of left leg.
- 11. COURSE IN HOSPITAL Was considered uneventful. Contact was made with the patient;s probation officer and patient was released with the understanding that he was to see him on alternate days until his appointment with the Danbury Out-patient Clinic was started. Patient was discharged on 7/10/81.

### 111. FINAL PSYCHODIAGNOSTIC APPRAISAL

- A. Patient was not delusional or hallucinating. Denied suicidal ideations at this time. Was not considered a danger to himself and/or others.
- B. Etiology: Is a socioeconomic one.
- C. Prognosis: Is considered good.
- D. Final Diagnosis: Axis 1 309.00 Adjustment disorder with depressed mood.
  Axis 11 V71.09 No diagnosis.

Physical: Deformity of left foot.

#### IV. TREATMENT RECOMMENDATIONS

Patient was referred to the Danbury out-patient clinic for follow-up care.

I. Mulland M.D. S. Militano, M.D.

Staff Psychiatrist

NOTE: Confidentiality of psychiatric, drug and/or alcohol abuse and HIV records is required and no information from these specific records shall be transmitted to anyone else without written consent or authorization as proprided under Connecticut General Statutes. Chapters 899c and 368x and Federal Regulations 42 CFR 2. These have problibin you from making any further disclosure without specific written consent of the person to whom it pertains. A general authorization for the release of information is NOT sufficient for this purpose.

#### FAIRFIELD HILLS HOSPITAL

	LY INTICH HILLS 140	, F f f s , 200
NAME:	BRETT BOLMER	DATE ADMITTED: 2/6/82
Address	EDEN HILL ROAD	Hospital Number: 063,053 Year Number: 2242
	NEWTOWN, CT.	First Admission:
Social Se	curity Number: 043-64-5102	Readmission: No. Prev. Adms to FHH: 1
Title XIX	Number (Welfare): UNKNOWN	Admission Legal Status: VOLUNTARY
Discharge	Notification: NO NE	Change to: Superior Date: 2/16/82
	Date of Birth: 6/17/60	Marital Status: NEVER MARRIED
e.	Birthplace: CONNECTICUT	Name of Spouse:
	Age: 21 Sex: MALE	Military Service: YES
)	Religion: PROTESTANT	U.S. Citizen: YES
	Father's Name: NEWTORD	Birthplace: FAIRFIELD
	Mother's Name: LORRAINE	Birthplace: NEWTOWN
CORRESPON AND/OF CONSERVA		Relationship: MOTHER
	Name: 1 Address: Telephone:	Relationship:
).		11c (FC)
	PSYCHIATRIC DIAGNOS	
_30	03.91 l. Alcohol dependence, continuou 09.00 2. Adjustment disorder with dept 71.09 3. No diagnosis - Axis 11	us - Axis I ressed mood - Axis 1
	PHYSICAL DIAGNOSIS	<u>s(ES)</u>
Code #	1.No diagnosis - Axis 111 2. 3. 4.	4
CHANGE 0	AXIS 1: 312.34 INTERMIT OF DIAGNOSIS: 305.02 ALCOHOL	ABUSE
		AXIS II: V71.09 NO DIAGNOSIS IMLA FAZAL UD DIN, M.D. AYIS III: DEGORMITY OF IFFT

DISCHARGE INFORMATION:

Medical Examiner: Provided High Season A whom housing a feature and to all the present of the pr

LER POST ACCIDENT

#### FAIRFIELD HILLS HOSPITAL

Clinical Summary

063,053 Case No.

BRETT BOLMER Name

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## ADMISSION & CERTIFICATION NOTE

FEBRUARY 6. 1982: This is a 21-year-old, white, male, who comes to Fairfield Hills Hospital looking for voluntary admission to a Psychiatric

Geographic Unit.

21-year-old, white, male with one prior admission PRESENT COMPLAINT: to Fairfield Hills Hospital six months ago. This admission states he has recently broken up with his girlfriend and last night drank one quart of Yodka, and a pint of brandy and then threatened to kill his girlfriend's boyfriend. He also stated he wished that he bould buy a gun but states, "they don't let me have a gun," He has a court appearance on 2/16/82. Has been living with his mother but has constant problems with her.

ON ADMISSION: Alert, oriented to the three spheres with alcohol on breathe. His affect is agitated and depressed. He wishes he was dead and also stated he would like to kill his girlfriend's new boyfriend. Intelligence

is average. Judgement and insight are intact.

PHYSICAL EXAMINATION: BP: 150/110, (R) A sitting scar 2 lower extremities scar (R) foot.

TENTATIVE WORKING DIAGNOSIS:

AXIS I:

300.40 Dysthymic Disorder, severe

Diagnosis deferred 11: 799.90

No diagnosis. 111:

INITIAL TREATMENT PLAN: Admit to Geographic Unit. 1:1 suicidal

precautions.

JUSTIFICATION FOR ADMISSION: Need for psychiatric evaluation and/or Patient is a danger to self and/or others. 1:1 for suicide. DISCHARGE PLANNING: 15 days to evaluate and re-stabilize patient's

emotional composure.

Ruhard Pone PA-c RICHARD POPE, PA.C.

PHYSICIANS! ASSISTANT CERTIFIED

RP/jp

FEBRUARY 6, 1982: The admission note and the Initial Treatment Plan in this case has been reviewed by the undersigned. Miss Cecilie Courtright, Psychiatric Social Work Resident, has been designated as responsible for coordinating the discharge planning.

I have examined the patient and am in agreement as to his need for psychiatric hospitalization on the basis of becoming violent and disruptive after getting drunk. Feels disappointed and angry in response to loss of girlfriend.

PRIMLA FAZAL UD DIN, M.D.

SENIOR PHYSICIAN

PFD/jp

#### Case 3:06-cv-00235-JBA Document 138-5 Filed 01/18/08 Page 7 of 48

FAIRFIELD HILLS HOSPITAL

Clinical Summary

Case No.

Name BRETT BOLMER

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#### INTERVAL HISTORY

FEBRUARY 10, 1982 INFORMANTS: Patient himself, deemed reliable; mother, Lorraine Bolmer, Eden Hill Rd., Newtown, CT., telephone 426-5030; State Police Officer, Richard Nesbitt, Brewster, N.Y. barracks, telephone (914) 279-6161; Probation Officer Hurley, telephone 797-4414.

REASON FOR ADMISSION: This is a 21-year-old man who was admitted voluntarily on 2/6/82. He had broken up with his girlfriend who lives in Brewster, N.Y., afterwards drank a quart of vodka and broken into the girlfriend's family's home and written on the walls with spray paint. He was apprehended by s policemen and taken to the Brewster barracks. Officer Nesbitt requested him to return home and come back to "straighten this matter out" in a day or two. But after arriving in Newtown, he felt great anxiety and demanded to be taken to Fairfield Hills. He feels that "no one wants to talk to me these days" and that his mother "just wants to see me put away, that's why she calls the copes on me." He was referring to his two previous arrests, one for going after his sister's boyfriend with an axe and chainsaw, and the other for setting a couch on fire, according to him, "accidentally." He had one previous admission to Fairfield Hills Hospital, on 7/10/81, for suicidal ideation, but was released the same day.

HISTORY: Patient was born in Danbury Hospital on 6/17/60 as the fourth child of Nufer and Lorraine Bolmer. His siblings are David, 24 (223-3257), a student at Central Connecticut College; Gary, 23, who lives in California; Cheryl, 19, lives in Danbury, and William, 17, who lives with his mother in Newtown and has had arthritis for the last five years. Patient's birth was premature by six weeks. He walked at 15 months; his mother remembers no childhood problems. At age 10, he had successful surgery on both feet. He went through the Newtown School system and graduated on 6/16/79. He has a number of friends from high school days. He started drinking while in high school. Since graduation, he worked at a fairly great number of jobs - as many as 30, he stated - but had "bad luck" and was often laid off or fired. He was about to start a job with Danbury Print and Litho where he could have used the printing skills he had acquired in high school. He has lived mostly with his mother.

His parents were divorced in 1973. His father, a carpenter, lives now in Southbury and was remarried to a much younger wife the day patient graduated which, according to his mother, caused the boy great distress. His mother, a diabetic for 26 years, finds coping with her own problems and those of patient and his younger arthritic brother exceedingly difficult. She receives alimony. According to her, patient mostly "lies around and does nothing" unless he fights with his brother or drinks. She feels he needs help but he did not sollow-up her appointment for him to the Danbury Mental Health Clinic.

According to patient's probation officer, Mr. Hurley, patient's home life is "chaotic." His first arrest, for criminal mischief (the chainsaw incident) resulted in a six month suspended sentence with 18 months probation. For the arson arrest on 1/12/82 patient has a court date on 2/16/82.



### 2/10/82 INTERVAL HISTORY (continued)

PRIMARY PROBLEMS: Patient's tendency to lose his temper, apparently mostly after drinking, is of immediate concern. His inability to hold jobs for any lengty of time inspite of good basic skills and willingness to work may might be considered as a facet of his difficulty in tolerating frustrations

FINANCES: Patient is able to work and may have a job with Danbury Print and Litho on release.

SHORT-TERM GOAL: Patient will gain some insight about his problems.

LONG-TERM GOAL: Patient will learn to deal with his frustrations in a more constructive manner. Since he seems ready to acknowledge the role alcohol plays in his difficulities, the road to recovery may lead through an alcoholics rehabilitation program.

Cecilie Courn wh

CECILIE COURTRIGHT
PSYCHIATRIC SOCIAL WORK RESIDENT

CC/jp

FEBRUARY 17, 1982 - INITIAL PSYCHODIAGNOSTIC APPRAISAL - ALCOHOL - Team members present were Dr. Petruschow, Staff Psychiatrist; Gerald Morgenstein, Social Work Service; Coleman Whitt, Nursing Service; and the patient himself.

IDENTIFYING PARAGRAPH - This is a 21 year old, single male who was admitted to Canaan House on a voluntary basis on Feb. 6, 1982 when he felt depressed and was bothered by suicidal ideas. The patient stayed in Canaan House until yesterday and then went to the Superior Court in Danbury and faced charges of arson. He was sent to us under the alcoholic commitment, paragraph 17-155Y, to attend our long-term rehabilitation program for a period of 90 days. After sequence of this order the man was transferred from Canaan House to our service in Fairfield House.

PHYSICAL CONDITION - The patient is moderately obese but has no signs of intoxication because his last drink did take place the day before he was admitted to Canaan House. The patient says that he was rejected by selective service because of difficulties he had with his legs. He says that both ankles were operated upon when he was young, but in addition to that he sustained a bad injury to the left ankle about two and a half years ago. He has to walk on his toes because the movement in both ankles are limited.

MENTAL STATUS - The patient readily realizes that he drinks too much and that at times he may consume a quart of vodka a day. He denies that he ever had depressions or hallucinatory experiences but admits that he had repeated blackouts. The patient says that his drinking started about six years ago and soon became troublesome, but he managed to finish his high school in 1979. His parents are separated and he lives for the most part with his mother, who was instrumental in accusing him on the charge of arson. The patient says that he also was accused by his own mother of assault charges upon the boyfriend of her daughter. Presently the man is on 18-months probation. The patient broke off with his girlfriend about three weeks ago and started to feel the approaching depression. He was jilted after they spent 1½ years together and were emotionally and deeply involved with reality is well preserved.

# FAIRFIELD HILLS HOSPITAL

#### Clinical Summary

Case No. 063,053

Name BRETT BOLMER

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#### DATA BASE

#### ADMISSION & CERTIFICATION NOTE

OCTOBER 5, 1985 - PATIENT INFORMATION: A 25 year old, white, single male. He was admitted on a Physician's Certificate from Danbury Hospital. The P.C. was signed by Dr. D. W. Thomas. He was brought by ambulance.

#### PRESENT COMPLAINT:

From P.C. - He has been in Fairfield Hills Hospital and admitted to suicidal ideation.

From Patient: "I have suicidal tendencies".

Past Reasons for Hospitalization: Past history in FHH.

MENTAL STATUS: Patient constantly crying and states "Please help me. I am suicidal". He had surgery on left leg and states "I am crippled". Affect hostile. Admits to suicidal ideation. Admits hearing voices "Why should I live in this world?" History of suicidal attempt in the past; "Slashed my wrist two years ago." Oriented to time, place and person. Drinks alcohol "occasionally". Denies using drugs. Judgement is poor, insight impaired. The patient has delusions of persecution.

PHYSICAL FINDINGS: Blood Pressure 130/80, Pulse Rate 75.

ADMITTING DIAGNOSIS: AXIS I: 295.34 Schizophrenia, paranoid, chronic with acute exacerbation

AXIS II: V71.09 No Diagnosis

AXIS III: None

AXIS IV: Stress Level (0)

Stressor - Other Psychosocial (10)

AXIS V: Poor (5)

ADMITTING TREATMENT PLAN: Regular diet. Q 15 minute checks for suicidal precautions X 24 hours. Haldol 5 mg IM/PO Q 6 hrs prn for agitation X 24 hrs.

#### TENTATIVE DISCHARGE PLAN:

Prognosis: Good

Length of Stay: 4 - 6 weeks

Living Arrangements: "I like in a tent".

Aftercare follow-up: Danbury Hospital

Finances: Self

Education/Employment: 12th Grade/unemployed.

JUSTIFICATION FOR ADMISSION: Need for psychiatric evaluation and treatment. Patient is a danger to self and others. Delusions of persecution.

Incapacitated by mental illness. Level of functioning impaired to extent that patient is unable to adequately care for self or be cared for in other than a psychiatric hospital.

Based on the above information and assessment, I certify that the treatment required by the patient can only be provided in an inpatient hospital setting

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063,053

BRETT BOLMER

PAGE 2.

OCTOBER 5, 1985 - ADMISSION & CERTIFICATION NOTE: (Continued)

9.1

JUSTIFICATION FOR ADMISSION (Continued) . . . and is reasonably expected to improve the patient's condition. Care in a less restrictive setting is not presently available and inappropriate to meet patient's needs.

Hossein Izadi, M.D. Staff Psychiatrist

HI:ef

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# FAIRFIELD HILLS HOSPITAL

Clinical Summary

Case No.

Name

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063,053

Brett Bolmer

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#### MENTAL STATUS EXAMINATION

October 7, 1985- APPEARANCE, ATTITUDE, AND GENERAL BEHAVIOR- Patient is an obese, White male with a limp at left ankle. He was rather casually and shabbily dressed with poor personal hygiene. He had no abnormal motor patterns. He was fairly cooperative.

VERBAL BEHAVIOR- Patient's speech had no organic limitations. He was coherent and relevant without any looseness of association or flight of ideas.

MOOD AND AFFECT- Patient showed no vegetative signs of depression, although he would cry at the drop of a hat, with tears rolling down his cheeks. His affect was quite labile and appropriate. His mood, at times, would become angry and hostile, and at times he would be very guarded and suspicious.

CONTENT OF THOUGHT- Patient said that he wanted a shoulder to rest his head on and cry. He wanted to talk about his problems and that was why he came to the hospital. He said he was living in a tent and wanted shelter from the coming winter. He said he hadn't eaten for five months, but he did not appear under fed at all. The patient gave a history of alcohol abuse and abuse of other drugs, especially Cocaine. The patient said he had never worked in his life. The patient denied hearing voices, and at this time, he denies having any suicidal ideations or homicidal ideations.

SENSORIUM- Patient has an intact sensorium. He was oriented to time, place,

and person. His memory and concentration appeared to be good.

INSIGHT, JUDGEMENT, AND RELIABILITY- Patient has extremely poor judgement

and no insight. He was not at all reliable.

Tehmi Mulla, M.D.

Staff Psychiatrist

TM:cb

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Defendants' Exhibit D New Milford Police Department Initial Report 7/13/2002. Case 3:06-cv-00235-JBA: Document-138-5p-filed=01/18/08 Page 13 of 48 Fage: 1 Ref: 02-565-OF NARRATIVE FOR OFFICER CARLA TENCZA

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# NEW MILFORD POLICE DEPARTMENT INITIAL REPORT

DATE OF INCIDENT: 07/13/2002

TIME OF INCIDENT: 1114

REPORTING OFFICER: OFFICER CARLA TENCZA

DATE OF REPORT: 07/13/2002

On the above date and time I was dispatched to #39 Willow Springs for a report of a possible burglary and threatening complaint. Upon arrival I met with the complainant, identified as Journature Fredericks D. J., who stated that Brett Bolmer D.O.B. 06/17/60, whom she knows, broke into her bedroom at about 10:40 AM and threatened her and her roommate. Fredericks stated that she was sleeping in the back bedroom of the condo where she stays, and that Bolmer entered her room through a locked sliding screen door, ripped the covers off of her and began yelling at her saying that he was going to kill her and another roommate, identified as Konderson D.O.B.

I also spoke with one of Frederick's roommates, identified as A. Gibbs D.O.B.

, who stated that he was at the residence when Bolmer broke in and that he heard him yelling at Fredericks. Gibbs stated that he was using the computer in the livingroom when he heard loud yelling coming from the back bedroom. Gibbs stated that he had assumed that Fredericks had turned on the T.V. loud, but that he realized there was a problem when he heard Fredericks yell back at Bolmer. Fredericks was very concerned about Bolmer returning to the residence and seemed eager to leave. Both Fredericks and Gibbs agreed to give me sworn written statements at department headquarters regarding the incident. While I was at #39 Willow Springs, I briefly spoke with the tenant leasing the condo, via telephone, identified as Ci Anderson D.O.B.

(K. Anderson's mother), who stated that she wished to see Bolmer prosecuted for forcing entry into her residence. K. Anderson, who was at the residence when I arrived, was not present during the incident. I checked the rear sliding door and found that it had not been damaged by Bolmer's entrance. I met with Fredericks and Gibbs a short time later at the New Milford Police Department for their sworn written statements.

J<sub>t</sub> r Fredericks gave me a sworn written statement at approximately 1238 hrs on 07/13/02 which stated the following:

"At approximately 10:40AM on 07/14/02, I was sleeping in my bedroom at #39 Willow springs when I heard the screen sliding door, which was locked, open. I thought that it was one of my roommates so I wasn't immediately alarmed. The covers were suddenly pulled off of me, as I was in bed, and Brett Bolmer, whom I have had previous knowledge of, began asking me where keeping and I worked for Brett on two occassions and recognized him on sight. Brett said, "Where the hell is Keeping, I want my fucking money, I'm sick of this bullshit, I'm gonna kill you's". Brett kept repeating that he wanted his money and that he was going to kill us, meaning Kevin and I. At that point I tried to leave my bedroom and my roommate, A no Gibbs, tried to come in to see what was happening. When Andrewton came in Brett was still repeating that he was going to kill Keeping and I went into the kitchen to grab the phone. I contacted Keeping that he was going to kill Keeping and I was working and let him know what had happened. We checked at Keeping in both the had gone home for a minute, and we caught up with him later at home. As soon as we returned home and met



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with K 1 then K called the police. Brett has been calling numerous times saying that he wants money from Kevin. I am frightened of Brett and I do not feel comfortable around him. Brett has made lewd comments to me in the past and I am concerned for my safety as well as everyone in the condo. I would like Brett Bolmer prosecuted for threatening my life, as well as K s, and for breaking into my condo."

At on Gibbs gave me a sworn written statement at approximately 1310 hrs on 07/13/02 which stated that following:

"At approximately 10:45AM on 07/13/02, I was using the computer in the livingroom of #39 Willow Springs, New Milford, CT. I have been staying at #39 Willow springs for about 3 weeks now. I heard loud noises coming from the back bedroom and I assumed that Je Predericks, my roommate, had turned the T.V. on loud. I was not concerned until I heard Jennifer yell, "I don't know" at someone, and then I realized that someone had entered her room. I immediately ran to the bedroom door and met Jennifer as she was trying to leave the room. I saw a large white male with grayish hair leaving her room through the back door. I heard this male say, "I want my fucking money, where's my \$200.00?" "I've had enough of this shit, when I see Kevin I'm gonna kill him." I also heard this man say, "I'm gonna fuckin' kill you" to Jennifer. I observed this male run to a white vehicle parked behind our condo and leave at that point. I asked Jennifer who the guy was and what was going on and she said his name was Brett. Jennifer was very shaken up and I made her some tea and we started calling people to tell them what had just happened. The Police arrived a short time later."

Based on the verbal and sworn written statements of the parties involved, Brett Bolmer D.O.B. 06/17/60, was located and taken into custody without incident at 1421 hrs on 07/13/02. Bolmer was read his miranda rights, which he signed in acknowledgement, and was processed for the charges of Burglary in the 3rd Degree in violation of C.G.S. 53a-103 and Threatening in violation of C.G.S. 53a-62.

Bolmer made several verbal statements during processing stating that he had loaned Kev Anderson \$1000.00 approximately 1+1/2 months ago and that he just went to #39 Willow Springs and asked for a payment. Bolmer denied stepping into the condo, but admitted that he did pull the slider open and lean his head in to speak with Fredericks. Bolmer was cooperative throughout his processing, but was very agitated and several times stated, "they're done, they barrow money from me and then they do this, they're done in my book." Bolmer stated that Fredericks was a lesbian, in one comment, and made several accusations of drug dealing and use by K... Anderson. Bolmer stated that, "if they're gonna drop the dime on me, then I'm gonna drop the dime on them." Bolmer eagerly gave a sworn written statement regarding this incident, which is included.

Bolmer was held and later released on a \$2,500.00 surety bond. Bolmer is scheduled to appear in Bantam Superior Court on 07/22/02 to answer for the charges stated above.



Defendants' Exhibit E
Department of Mental Health and Addiction Services
Competence to Stand Trial Evaluation, Brett Bolmer 2/11/2003.



# STATE OF CONNECTICUT

DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES

Division of Forensic Services

# Office of Court Evaluations

Bridgeport Office 97 Middle Street Bridgeport, CT 06604 203-579-7381 Fax: 203-579-7452

☐ Hartford Office 363 Russell Road Newington, CT 06111 860-667-5973 Fax: 860-667-5983 ☐ New Haven Office CMHC 34 Park Street, Room 157 New Haven, CT 06519 203-974-7168 Fax: 203-974-7178 □ Norwich Office 401 West Thames Street Building 301 Norwich, CT 06360 860-859-4501 Fax: 860-859-4785

February 11, 2003

Mr. Eric Groody, Clerk Superior Court GA 18 80 Doyle Road (P.O. Box 667) Bantam, CT 06750

RE: Brett Bolmer DOB: 6/17/60 Docket #: CR02-108512, -108511,

-108491 Hearing Date: 2/14/03

# COMPETENCE TO STAND TRIAL EVALUATION

Dear Mr. Groody:

Pursuant to the order of Judge Black, dated 1/17/03 for a Competency to Stand Trial Evaluation, under C.G.S. §54-56d, Mr. Brett Bolmer was examined on February 4, 2003 for about one hour at the Bridgeport Office of Court Evaluations. The interviewing team consisted of James Phillips, M.D., Consulting Forensic Psychiatrist, Guay Chatfield, Ph.D., LCSW, Licensed Clinical Social Worker, and this writer Fred Storey, Ph.D., Forensic Psychologist. The purpose of this evaluation was to determine if, in our opinion, Mr. Bolmer is able to understand the proceedings pending against him and to assist in his defense.

In addition to eliciting information from the defendant for this report, we reviewed the following documents:

1. Family Violence Offense Report and Arrest Report dated 7/21/02

2. New Milford Police Reports dated 7/20/02 and 7/22/02

3. Arrest Reports dated 7/13/02, 7/20/02 and 7/22/02.

4. New Milford Hospital attendance confirmation notes dated 9/6, 10/11, 10/16, 11/14/02.

5. Jail Diversion Program Treatment Compliance Reports dated 7/23 - 8/5 and 8/28/02.

CURRENT CHARGES

Mr. Bolmer is before the court charged with Burglary in the Third Degree and Threatening Second Degree stemming from an incident that occurred on July 13, 2002. He is also

The confidentiality of this record is required under Chapter 899 of the Connecticut General Statut as Title 42 of the United States Code. This material shall not be transmitted to anyone without write consent or authorization as provided in these statutes.

An Equal Opportunity Employer

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Bridgeport Office of Court Evaluations Competence to Stand Trial Evaluation Re: Bolmer, Brett C.G.S. §54-56d, Page 2

charged with Harassment in the Second Degree stemming from an incident that occurred on July 14, 2002. Finally, he is charged with Disorderly Conduct stemming from an incident that occurred on July 21, 2002. It is alleged that on July 13 Mr. Bolmer broke into the house of an acquaintance, apparently in an effort to collect money from one of the residents. He allegedly threatened to kill one of the other occupants and her roommate. The following day it is alleged that Mr. Bolmer phoned the same house and left a message that caused the occupants to be concerned for their safety. A week later, on July 21, it is alleged that Mr. Bolmer had a dispute with his brother, David. David reported to police that Brett attempted to hit him. Attorney Jim Longwell of the Bantam Superior Court Public Defender's Office, is now representing Mr. Bolmer in court. This is Mr. Bolmer's first competency evaluation by this office.

**OPINION** 

It is the unanimous opinion of the undersigned clinical team that at the time of the evaluation, Mr. Bolmer was not able to understand the proceedings against him or to assist in his own defense.

CONFIDENTIALITY

At the beginning of the interview, Mr. Bolmer was informed that he was being examined pursuant to a court order regarding his competency to stand trial and a report would be prepared for the court. He was further advised that a team member might be required to testify and, therefore, information disclosed during the course of the examination would not be confidential. Mr. Bolmer indicated he understood this but it was uncertain whether he had an adequate understanding of these concepts.

BACKGROUND HISTORY

The following information was obtained solely from Mr. Bolmer and has not been verified by collateral sources, as he exercised his right to deny the team access to medical records from Fairfield Hills Hospital or Danbury Hospital.

Mr. Bolmer is a forty-two year old, unmarried, Caucasian male, the third of five children, who was raised in an intact family. He reports a long history of abuse by his brother, David, but got along with his other siblings. He reported doing "OK" in school and said he did not receive Special Education services. He was involved in football, track, and wrestling. Mr. Bolmer planned to join the Navy, but was hit by a car in July of 1979 and lost his leg. He worked with his father for a while, building houses. He reported working as a bouncer at a bar at some time. He reported receiving Social Security disability benefits for a while, then began doing maintenance and landscape work which is his current means of support. The basis of his disability claim is unclear. He states he has never been married and has no children.

MEDICAL, PSYCHIATRIC, and SUBSTANCE USE HISTORY

Mr. Bolmer said his skull was "crushed" in a mugging that occurred 12/25/88. He lost consciousness and had a "blood clot in the brain" requiring two weeks hospitalization and a steel plate in the right side of his face. When asked if he had ever experienced an

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Bridgeport Office of Court Evaluations Competence to Stand Trial Evaluation Re: Bolmer, Brett C.G.S. §54-56d, Page 3

epileptic seizure, he said, "No, but I'd like to." He takes Synthroid for a thyroid disorder and states he is diabetic but does not require medication for this illness.

Mr. Bolmer denied ever using drugs or recently drinking alcohol, although he acknowledged drinking several years ago. He did however report having psychiatric problems "my whole life." When asked the nature of these difficulties, he said, "I'm a bipolar schizophrenic something else." He obtained outpatient services in Danbury and was inpatient at Danbury Hospital and Fairfield Hills Hospital, but would not authorize this office to review his medical records. He is not currently receiving any treatment and said he was last treated about five years ago. At the time of this evaluation, he was not taking any psychotropic medications.

MENTAL STATUS EXAMINATION

Mr. Bolmer is a stocky Caucasian man with a notably red face, short brown hair and a graying beard. He arrived on time for the interview dressed in a denim shirt over a T-shirt. His hygiene was fair, as his hair was uncombed, his hands were dirty, and some body odor was evident. Mr. Bolmer made adequate eye contact but was hostile and cynical throughout the interview.

From the beginning of the interview Mr. Bolmer spoke rapidly and usually irrelevantly of his victimization and incidents of mistreatment at the hands of his brother and the police. For example when asked if he knew the purpose of the evaluation, Mr. Bolmer began explaining that his brother pushed him down, that he had a nervous breakdown in jail, and that the charges should have been thrown out. He concluded his lengthy response by saying "Just throw me in jail if you want me to go. I'm going to sue the state. I'm the victim of a crime and I'm treated like a criminal!" (The same words appear in his statement to the police on 7/21/02). Thus, in perhaps five or ten minutes of pressured speech, Mr. Bolmer was not able to answer a simple yes-or-no question.

The defendant's affect was labile and quite intense at times, but generally congruent with the content of his speech. He described his mood as "stressed out" and he appeared alternately agitated and hopeless during the interview. When he was interrupted or redirected to the question, Mr. Bolmer's motivation appeared to collapse and he would simply say "I don't know." In an attempt to improve his effort toward the evaluation, he was informed that if he was found not competent, he might be sent to a hospital. Mr. Bolmer responded, "I don't care; throw me in jail."

Mr. Bolmer was oriented and was aware of current events, such as the space shuttle disaster. He knew the names of the current President, Vice-President and Governor. His immediate and short-term memory were intact as evidenced by his ability to recall three items after three minutes. His attention and concentration were somewhat impaired as he was not able to perform serial threes subtraction, a monetary word problem, and could recall only three digits backward (five is average). His fund of knowledge was good as he knew the function of the stomach and the compass directions to California and Florida.

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Bridgeport Office of Court Evaluations Competence to Stand Trial Evaluation Re: Bolmer, Brett C.G.S. §54-56d, Page 4

Mr. Bolmer's ability to think abstractly and understand concepts was limited. He was able to correctly identify the similarity between two words in five of seven pairs presented. However, when asked to explain some common proverbs, he provided personalized and vindictive responses. For example, when asked the meaning of what goes around comes around, he said, "It means those dirt bags are going to jail." For don't cry over spilt milk, he responded "I was pushed down by my brother!" This self-focus was evident in his social judgement as well. When asked what he would do if he was the first to see a fire in a theatre, he said "leave." Asked if he would do anything else, he said "No, just leave."

ABILITY TO UNDERSTAND THE PROCEEDINGS

Mr. Bolmer had difficulty understanding the charges against him. While he generally recalled the events described in the police report he judged that "they're all trumped up charges." With repeated redirection and encouragement, the clinical team was able to review all of the charges with the defendant. However, even after reviewing the charges with him, Mr. Bolmer was only able to recall two of the four charges against him.

Although Mr. Bolmer was tangential in his remarks, he demonstrated a limited factual understanding of the basic pleas and roles of some court personnel. He knew his attorney's name and that his job was "to defend me." He knew the judge was supposed to be impartial. He was aware that a sentence might involve jail or probation. However, he went on to say he had been on probation for 20 years. He said the prosecutor's job was "to convict me of things I didn't do. What's her name — Marsha Clarke." He said a guilty plea would lead to incarceration and a not guilty plea would lead to dismissal of the charges. Told this was not correct, he said "I don't care no more."

ABILITY TO ASSIST IN DEFENSE

Mr. Bolmer knew his attorney's name, but was guarded and suspicious. When asked why he thought his attorney might have requested this evaluation, he said "to waste the court's time." In exploring his persecutory thoughts, he was asked if he thought the court was rigged against him. Mr. Bolmer answered, "The police department is, and the court because my brother has a friend in the police department." He later confirmed, "It's a conspiracy between all the parties." Thus, the defendant's motivation to collaborate with his attorney is impaired by his persecutory ideas.

Mr. Bolmer demonstrated an impaired capacity to collaborate with his attorney and with the evaluation team, beyond the above concern with his motivation. His thinking was so tangential and inflexible that the team had difficulty interrupting Mr. Bolmer and was unable to redirect him to the process of evaluation. These interactions with the clinical team and the reported interactions with his attorney demonstrate that Mr. Bolmer would be unable to collaborate with his attorney, consider his instructions and advice, learn new information, or ask clarifying questions when necessary.

Finally, Mr. Bolmer's emotional lability impairs his self-control, his ability to weigh his alternatives rationally, and his ability to manage stress. When asked about the possibility of a trial, he said "I'm going to string it out for five years. I don't care. I want a judge and a jury then I'll sue everybody!" In our opinion, Mr. Bolmer would be unable to tolerate the

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Bridgeport Office of Court Evaluations Competence to Stand Trial Evaluation

Re: Bolmer, Brett C.G.S. §54-56d, Page 5

stress of a trial and, if subjected to that stress, would have more impaired judgement and decision-making abilities than he currently does.

CONCLUSION

Mr. Bolmer is a 42 year-old, unmarried, Caucasian man with a history of difficulties with the law and psychiatric symptoms including pressured speech, paranoid delusions, and emotional dyscontrol. At the time of this examination these psychiatric symptoms were readily apparent. While Mr. Bolmer's comments displayed a minimal understanding of the charges and roles of courtroom personnel, the extent of his knowledge of legal concepts could not be assessed due to his inability to respond relevantly. He did not demonstrate an ability to engage with the team in a logical, coherent, and goal-directed discussion of his current legal situation.

As evidenced by his interactions with the clinical team, it is the team's unanimous opinion that the defendant is not presently able to establish a collaborative relationship with an attorney. Given his significant impairments in thinking rationally, it is the opinion of the team that he cannot effectively follow testimony for contradictions and errors, bring relevant information to his attorney's attention, testify meaningfully and be crossexamined, understand instructions and advice, or make rational, realistic, and informed decisions about the handling of his case. It is therefore the unanimous opinion of the clinical team that he does not have a rational understanding and cannot assist in his defense at this time.

Should the court find Mr. Bolmer not competent to stand trial under C.G.S. §54-56d, it is the unanimous opinion of the clinical team that there is a substantial probability that he could be restored to competency following a sixty day commitment to inpatient psychiatric evaluation and treatment for the purpose of restoration. The team recommends placement in the custody of the Commissioner of Mental Health and Addiction Services at Connecticut Valley Hospital, Middletown, Connecticut. Inpatient treatment is recommended as the least restrictive setting due to the severity of Mr. Bolmer's impairment, his lack of insight into his psychiatric illness, and the likelihood of his noncompliance with psychotropic medications in outpatient treatment.

Respectfully submitted,

James Phillips, M.D.

**Psychiatrist** 

Fred Storev Ph.D.

Clinical Psychologist

Guay Chatfield, Ph

Psychiatric Social Worker

On Behalf of Thomas A Kirk, Jr., Ph.D.

Commissioner of Mental Health and Addiction Services

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Defendants' Exhibit F
Superior Court Competency to Stand Trial
Finding and Order of Placement Brett Bolmer 2/14/2003

# COMPETENCY TO STAND TRIAL Document 138-5 Filed 01/18/08 Page 22 of 48

JD-CR-7 Rev. 9-98

C.G.S. § 54-56d

FINDING AND ORDER OF PLACEMENT

#### INSTRUCTIONS

1. Prepare in triplicate if placement order is made.

2. File one copy.

3. Give original and copy to proper officer for service.



(-	SECTION 1 - FIN	IDING AND ORI						
NA	WE OF DEFENDANT	D.O.B.					attomey and home	addres
12	DICULT 13. 130 MEN	6-17-60	18 Pros	Pect St	., New	Milford	,CT	
<u>G</u>	A 18 at Bantan	80 DOYLE	Rd. E	antam	I, CT	CROS	108512	,
	<ol> <li>After a hearing, the court finds that the</li> <li>After a hearing, the court finds by a pre defendant is unable to understand the prise is not a substantial probability that the cany placement order permitted under G</li> </ol>	defendant is comp ponderance of the proceedings again defendant, if provice	petent and o e evidence the est the defended with a co	rders that the o lat the defenda dant or to assis ourse of treatm	eriminal procee ant is not comp at in the defen- ent, will attain	etent and also dant's own def	io 8491 e. o finds that the ense and that th	here
( )	[Can only be checked if alleged person.] A special condition of competency in accordance with shall be returned to custody or proceedings.  The defendant shall be examined.	f such release is to h C.G.S. §54-56d( released, if the co	hat the defer (m). If it is fo anditions for	ndant submit to ound that the d release have t	periodic exar efendant has a	ninations of the attained compe	e defendant's etency, the defe	endant
·	on or before (specify date	p:)		OR eve	ery (specify fre	quency:)	•	
	committed to the Commissioner of M committed to the Commissioner of M committed to the Commissioner of C  3. After a hearing, the court finds by a prepared of the commissioner of C befondant is unable to understand the process of the commissioner of the commissioner of C with the Commissioner of Mental He with the Commissioner of Mental Re with the Commissioner of Children and if the defendant or the appropriate C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with an appropriate mental health fact and the commissioner of C with the Commissioner of C with the Commissioner of Mental He with the Commissioner	fental Retardation shildren and Familia conderance of the seedings against the provided with a contact of the seedings against the provided with a contact of the seedings and Addiction for treatment Families for tree commissioner agreed its statute § 54-56 ay hearing.] After	for the purpies for the purpies for the purpies for the purpies of trea and orders placed and orders placed as an artment as an esto provide program which a hearing, ti	ose of applying at the defenda or to assist in tment, will regard accement of the treatment as a payment, as the agrees to proper court finds to the court finds to the agrees to proper court finds to the agree of the agree court finds to the agree of the ag	g for a civil corving for a civil on t is not competend defendant:  an: Inp	nmitment. commitment. etent and also 's own defense y within the per patient	finds that the e and that there eriod of any  Outpatient Outpatient Outpatient Outpatient dant and to	
	nedication for which the defendant is unwilli				Ci abseilt auii	iiiistiation or j	Sychiatric	
•	NAME AND ADDRESS OF LICENSED HEAD		WITH SPECIA	ized training i	N PSYCHIATRY			
	ou are hereby appointed by the court (1) to ourt setting forth your findings and recomm							the
		O HEALTH CAR						
s s m th	written report of your findings and recommubmitted to the court within thirty (30) days uch medication, (2) the likelihood and serio nedication and (4) such other information as the provisions of section 52-164e of the general the report, which will be introduced into cheduled not later than (10) days from the content of the general than (10) days from the content of the general than (10) days from the content of the general than (10) days from the content of the general than (10) days from the content of the general than (10) days from the content of the general than (10) days from the content of the general than (10) days from t	of the Date of Ord usness of any adv s you deem pertine eral statutes, you s evidence. You m date the report is r	ler shown be verse side ef ent. Pursuar shall have a ust be prese eceived by t	elow. Said represents, (3) the dot to section 54 coess to the part to testify regree court.	ort shall include efendant's pro I-56d of the ge sychiatric reco	le (1) the risks ognosis with ar eneral statutes rds of the defe	and benefits of nd without such , notwithstandir andant. You mu	f ng
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b	hearing on the health care interests repres y the court. Upon receipt by the court of the efendant and give notice of the date of hear	e report, immediat	ely forward	copies to the p	rosecutiong a	uthority and co	unsel for the	eived
	ATE OF ORDER BY THE COURT (Name of July 1997) 1997 (Name of July 1997)			Assistant Clerk)	specific records sha		DATE SIGNED	<u></u>
	consent of authorization as provided under Connecticut Gene	ar Statutes, Chapters &//.	c and 300 and 1	CUCIUS KCKSHORE	<u> </u>	<del>- Брониви убичтот</del>	making any tunner	

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5. [Can not be checked unless there was a hearing on the health care interests representative's report.] The court finds that the defendant will not attain competency within the remainder of the period covered by the placement order absent the administration of psychiatric medication for which the defendant is unwilling or unable to provide consent. After a hearing held pursuant to general statute section 54-56d(k)(3), the court finds by clear and convincing evidence that (1) to a reasonable degree of medical certainty involuntary medication of the defendant will render the defendant competent to stand trial, (2) an adjudication of guilt or innocence cannot be had using less intrusive means, (3) the proposed treatment plan is narrowly tailored to minimize intrusion on the defendant's liberty and privacy interests, (4) the proposed drug regime will not cause an unnecessary risk to the defendant's health, and (5) the seriousness of the alleged crime is such that the criminal law enforcement interest of the state in fairly and accurately determining the defendant's guilt or innocence overrides the defendant's interest in self-determination. The court, therefore, hereby orders the involuntary medication of the defendant in accordance with:	
the defendant's health care interests representative's report.	
other (specify):	
	_
	-
en e	
A hearing to reconsider the issue of the defendant's competence shall be held within 90 days of the date of this order. Such hearing date shall be no later than	
BY ORDER OF THE COURT (Name of Judge)  SIGNED (Assistant Clerk)  SECTION II - COMMITMENT ORDER  TO: The Sheriff, his Deputy, or any proper officer and the Commissioner of Mental Health and Addiction Services, Commissioner of Mental Retardation, Commissioner of Children and Families or person in charge of mental health facility or treatment program.	
PLACED WITH COMMISSIONER OF MENTAL COMMISSIONER OF COMMISSIONER OF HEALTH & ADDICTION SVCS CHILDREN AND FAMILIES MENTAL RETARDATION OR TREATMENT PROGRAM	
MAXIMUM PERIOD OF PLACEMENT (Select the lesser)  18 MONTHS MAXIMUM SENTENCE FOR OFFENSE CHARGED: MONTHS	
PLACEMENT FACILITY (Name and address of mental health facility of treatment program to which the accused is committed)	<u>}_</u>
BY AUTHORITY OF THE STATE OF CONNECTICUT, you are hereby commanded to take and convey said defendant to the above Commissioner and/or said Commissioner's agent, or the Superintendent of the above placement facility and deliver said defendant to the above Commissioner or appropriate mental health facility or treatment program and said Commissioner or Superintendent is hereby commanded to keep safely the defendant until the defendant is able to understand the proceedings against the defendant and to assist in the defendant's own defense but not	ue d(j) ED ent e is
BY ORDER OF THE COURT (Name of Judge)  SIGNED (Assistant Clerk)  DATE SIGNED  1 1 1 3	
RETURN OF SERVICE	
Then and there, by virtue hereof, I took and conveyed the above-named defendant to the placement facility specified above and the delivered said defendant into the hands of the above Commissioner and/or said Commissioner's agent or the Superintendent of the placement facility or treatment program and left with said Commissioner or Superintendent this Mittimus.	ere the
SIGNED (Deputy Sheriff, Constable, State Policeman)  DATE	
JD_CR-7 Rev. 9/98 (page 2)	<u> </u>

Defendants' Exhibit G Connecticut Valley Hospital Admission Psychiatric Evaluation Brett Bolmer 2/14/2003 CVH-314 Rev.10/01

# CONNECTICUT VALLEY HOSPITAL ADMISSION PSYCHIATRIC EVALUATION

	Date of Evaluation: 2/14/03
[ ] General Psychiatric Division	Name: <u>Bolmer, Brett</u>
[ ] Addiction Services Division	
[X] Whiting Forensic Division MPI#: 14603	
	Print or Addressograph Imprint
Admission Date: 2/14/03 Sex: Male Ra	ce: White Marital Status: Single
[X] New Admission (this Division) [] Re-Admiss	ion (this Division) Readmission#
	· · · · · · · · · · · · · · · · · · ·
PSYCHIATRIC DIVISIONS	ADDICTION SERVICES DIVISION
LEGAL STATUS ON ADMISSION	[] Voluntary Alcohol 17a-682 (11000)
[] Voluntary 17a-506 (12000)	[] PEC (5 day) Alcohol 17a-684 (24100)
[] PEC (15 day) 17a-502 (24200)	[] Probate Court Commitment PA98-219 (23100)
[] Probate Court Commitment 17a-498c (23200)	Addiction Services
[] Voluntary from Corrections 17a-513 (25210)	[] Substance Dependence Pre-Trial 17a696 (22700)
[] PEC from Corrections 17a-514 (25220)	[] Substance Dependence Post-Conviction 17a699 (22800)
[X] Competency Restoration 54-56d (22100)	[] Transfer Corrections 17a-681 (25100)
[] Commitment to PSRB 17a-582 (22600)	
[] 45-day WFD Evaluation 17a-582a (22500)	
[] Post-Conviction WFD Exam/Screen 17a-566a (22300)	[] Other(specify):
[] Disposition After Report WFD 17a567 (22400)	
[] Other(specify):	
	I

#### REASON FOR ADMISSION:

Informants/Information from others: Restoration to competency.

Direct quote from patient: "Why are you seeing me for. I don't need to see anybody else."

- 2. HISTORY OF PRESENT ILLNESS: 42 year-old Caucasian male; extremely agitated and unpredictable but gradually gaining control as he verbalizes frustration. Avoidance of giving information and extremely guarded about medications or psychiatric diagnosis. Charged with Burglary, Threatening and Harassment, apparently the result of breaking into the house of an acquaintance in an effort to collect a debt. He presents this information in a disorganized manner and resisting all the admission procedures but gradually able to restraint himself and comply.
- 3. FAMILY, PERSONAL AND SOCIAL HISTORY; PHYSICAL ABUSE: Never married, has no children, raised in an intact family, the third of five (5) children. No problems during schooling; participated in football, track and wrestling. A motor vehicle accident left him on temporary disability. Currently supporting himself doing maintenance and landscaping.
- 4. PAST PSYCHIATRIC HISTORY AND TREATMENT: Previous admissions to Fairfield Hills Hospital and Danbury Hospital but he declines giving information other than saying he was treated with Lithium or Neurontin "for a sort of Schizoaffective Disorder". Seen intermittently at Danbury Outpatient Hospital.

Adn. Sion Psychiatric Evaluation, continued

Patient: Bolmer, Brett

MPI # 146031

Page 2

- SUBSTANCE ABUSE HISTORY AND TREATMENT: Alcohol "in the past" blackouts but no seizures. Denies use in the past year.
- 6. PAST MEDICAL HISTORY AND TREATMENT: Loss of consciousness with left leg repair, craniotomy and steel plate on right side of face. Did not elaborate any further. Untreated Diabetes current blood sugar 240. Receives treatment for a thyroid condition but does not follow.
- 7. MENTAL STATUS EXAMINATION:
- A. Appearance, behavior, alertness: Large frame, muscular Caucasian male; disheveled and with unkempt beard. Alert and restless.
- B. Speech: Rapid; pressured; shows disorganization while trying to express his ideas.
- C. Thought Processes: Flight of ideas; having difficulties expressing thoughts due to anger.
- D. Thought Content: Perseverates on his older brother who acts like a bully. The need to collect debts.
- E. Perceptions: Denies auditory or other type to hallucinations.
- F. Mood and Affect: Angry; anxious with episodic imitability and agitation.
- G. Dangerousness:
  Suicidality: Denies no previous history.

Homicidality: Denies - no history.

- H. Insight, Judgment: Impaired.
- 1. Cognition:
  - Orientation: (document patient's orientation to person, place, and time/date): Oriented to time, 2/14/03,
     CVH identify roles of patient and staff, recognizes me as a doctor.
  - 2. Memory:
    - 2a. Remote Memory: (Document patient's answers to recollection of specific events from her/her past, e.g. "Where were you born?" "Where did you go to school?" "Where did you grow up?"):

Born in Danbury; grew up in Newtown; describes reasons for his arrest with details.

2b. Recent Memory: (Document patient's answer to recollection of specific events from his/her more recent past, e.g. "Where were you yesterday?" "What did you have for breakfast/lunch/dinner?" OR Ask the patient to remember 3 unrelated items and then retest after 5 minutes have elapsed and document)."

Patient recall his breakfast was a sandwich; the court attendance in Bantam, CT and the name of his public defender.

2c. Immediate Memory: (Ask the patient to repeat 3 times after you immediately): Book, telephone and school bus repeated immediately.

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Admission Psychiatric Evaluation, continued

Patient: Bolmer, Brett

MPI # 146031

Page 3

- Intellectual Functioning: (Estimate based on interview with patient or specific IQ tests results, if available) 3. Average.
- SIGNIFICANT PHYSICAL/NEUROLOGICAL FINDINGS: Numerous scars. No neurological findings. Untreated Diabetes Mellitus. Untreated Thyroid Condition.
- 9. PATIENT ASSETS/STRENGTHS and RESOURCES: (For example, family relationships and other supports, education, employment experience & training, interpersonal skills, cognitive and coping skills, special interests, ability to meet daily needs, awareness of illness, understanding of medications, other)
  - Able to control anger on his own through verbalizations.
  - Responds to persuasion and follows directions.
  - History of gainful employment and independent living.
- 10. PRELIMINARY TREATMENT PLAN:

Accu-checks.

ADA diet,

F/O for potential assaultiveness.

- 11. TENTATIVE DISCHARGE PLAN: Return to court for further disposition.
- 12. PROVISIONAL DIAGNOSES:

**Psychiatric** 

AXIS I:

Mood Disorder in association with head trauma

Alcohol Abuse

AXIS II:

Deferred

Physical

AXIS III:

Diabetes Mellitus - non-insulin dependent

Thyroid Disorder

AXIS IV (Stressors): [X] 0 Problems with primary support group

[X] 1 Problems related to the social environment

[] 2 Educational problems

[X] 3 Occupational problems

[X] 4 Housing problems

[X] 5 Economic problems

[] 6 Problems with access to health care services

[X] 7 Problems related to interaction with the legal system/crime

[] 8 Other psychosocial and environmental problems

# 

# Admission Psychiatric Evaluation, continued

Patient: Bolmer, Brett

MPI # 146031

Page 4

<b>AXIS</b>	V:
Curre	nt GAF

31 - 40

Highest GAF Past Year

0\_\_\_0

Global	Assessment of Functioning	1.5	
100-91	Superior functioning	30-21	Behavior influenced by delusions/
90-81	Absent; minimal symptoms		hallucinations; serious impairment in communication; judgment or inability to
80-71	Symptoms transient; slight impairment		function almost all areas
70-61	Mild symptoms; some difficulty in functioning	20-11	Some danger of hurting self or other,
60-51	Moderate symptoms; some difficulty in functioning		occasionally fails to maintain hygiene, gross impairment in communication
50-41	Serious symptoms; any serious impairment in functioning	10-1	Danger of severely hurting self or others, inability to maintain minimal
40-31	Some impairment in reality testing/	ļ	hygiene; serious suicidal act
	communication; major impairment in several	Ò	Inadequate information
L	areas	İ	

Joseph More, MD-Jose Tellechea, M.D., Psychiatrist / 2/14/03

JT/lhm

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# Defendants' Exhibit H CVH Initial Occupational Therapy Assessment 2/21/2003

Case 3:06-cv-00235-JBA Document 138-5 Filed 01/18/08 Page 30 of 48 CONNECTICUT VALLEY HOSPITAL INITIAL OCCUPATIONAL THERAPY ASSESSMENT Patient Name Bret Boliner [ ] General Psychiatry Division [ ] Addiction Services Division MPI# 146031 Whiting Forensic Division Print or Addressograph Imprint Unit/Ward 1345 86 Admission Date  $\frac{2/14/03}{}$  Evaluation Date  $\frac{2/31/63}{}$ Date of Birth \_\_ 10 | 07 | 60 Diagnoses: Axis I Mood disorder in association chead trauma, ETOH abuse chetes mollita - non insulin Reason for Referral assessment a Precautions/contraindications -Level of Functioning: [ ] Has Conservator of Person I lived in a basement Lived Independently ] Has Conservator of Estate apartment. Not very good [ ] Resided in a Facility Lived with Family/Other Supports Conditions, kut I managed. Other **BASIC & INSTRUMENTAL ACTIVITIES OF DAILY LIVING:** Min Assist 25% or less I Independent NT Not Tested VC Verbal/Visual Cues Mod Assist 50% or less NA Not Applicable Max Assist 75% or less MC Manual Cues Supervision Total Requires 100% Assist **BADLs** Comments Feeding Skills Toileting Wash Face No Reminders to shower IX per WK Shampoo Hair Comb Hair ngers to comb Apply Make-up Assist I

CVH -457

Rev. 12/01

Axis II

Bathing

Shave Dress/Undress Fasteners Other **IADLs** Safety Cleaning Laundry Telephone Shopping Meal Prep \$\$ Management Bill collectors called me all the time, I lose \$ all the time Transportation 8 more muchs to go on ruck and Car-Other NOTE: Confidentiality of psychiatric, drug and/or alcohol abuse and in records is required and no information of the person of the person to whom it persons to grow the person of the person to whom it persons to grow the person of the person to whom it persons to grow the person of the person to whom it persons to grow the persons t

12 11 11	-00235-JBA Document 1		Page 31 of 48 I# <u>/५८० 3  </u>	
SENSORY-MOTOR SKIL	LS:	Comments		
Mobility	DShd causes dis	Liculty.		
Hand Dominance	Right	T /		
Thumb-Finger Opposition	WFL			
UE Range of Motion	able to Raise Right	fain above he	ad, DE much paid	
Tone	WFL			
Static Balance	rannot Stand for	- Long time WITH	out-cotting organ	
Dynamic Balance	Reports 1/2 amputa	ter bone spur R.	Lorday Keeps moving	
Edema	Shd-	/ / /	anota.	
Other Strength	WFL- Knows how	to protect back -	Since Ba July 2002	
COGNITIVE SKILLS:	1 4		Is ability- used to be	
Communication <u>articula</u>	tion clear; lengthy ex	denations of wong	able to more refrig	
Orientation <u>Q V 3</u>	, , ,	othershove done to	by self-suptrepo	
Memory <u>Intact</u>		him		
Attention Span <u>Alle b</u> o	attend in hou	virturied		
Ability to Follow Directions	remembered	3 step direct	ins	
Judgement/Reasoning//	paired	1.4		
Problem Solving able to	erform basic math	problems and no	t charge in sign	
Comments			<u> </u>	
PERCEPTUAL & SENSO:	D intact on se	If x others		
Body Part Identification				
Spatial Relations <u>Infa</u>		-		
Eye/Hand Coordination <u>///</u>	fact			
Visual 1 ntact		, / , /		
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	Case 3:06-cy-00235-JBA Document 138-5 Filed 01/18/08 Page 32 of 48
V z	Patient Name Deft Bolmer MPI# 146031
	CLINICAL SUMMARY Mr. Bolmer isa fayear old, white male
. ".	who was admitted to CVH for restoration to competency.
	He was referred to occupational therapy at his lequest
	for paskible addition to organize, mr. Baliner
	was awakened from rext in afternoon, He appeared
	Alightly disherelled. He was adaperative to litterien
	hady drewer were buthly and focused on his being
	should by his brother and beenty mistreated by
	nelled police. He has sequelae of past my injuries and
G	Patient Identified Strengths "String", good with Customers, "Knows how to price jobs is
,	Patient Identified Treatment Goals "Stay out of trouble"
. )	Identified Barriers to Functional Independence by alcahal aluse and
)	untiented dishites - When Stable can be expected live independent
	Treatment Goals/Objectives i) Pt will be able to facus on
	group tapie during discussion with minimal
	redirection. a) of will be able to make positive
)	Delf statements.
	Frequency & Duration of Treatment <u>IX/week for one hour la ch</u>
	Additional Evaluation/Assessment Indicated? [ ] Yes [ No not at their time
	[] ACLS [] Contextual Memory Test [] COPM
	[ ] CPT [ ] West Hand Sensation [ ] MVPT
)	[ ] ADM [ ] Splint Evaluation [ ] Perdue Pegboard
Ĵ	[ ] KELS [ ] Safety Evaluation [ ] Feeding
	[ ] TCA [ ] Grocery Shopping Evaluation [ ] CAKES [ ] Toglia Test for Attention [ ] Cooking Evaluation [ ] SARIB
	Other
	Conclusions/Recommendations  Life Skills Guarge Tues 4 Fri 9 Am
	Kuthum Q. Nelson, COTA/L 2/21/03
)	Certified Occupational Therapy Assistant  Date
	Certified Occupational Therapy Assistant  Care Correct State  Corr
	Registered Occupational Therapist Date

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eved to remember The date - Defendants' Exhibit I CVH Admission Psychosocial History and Assessment Brett Bolmer 3/18/2003

Case 3:06-cv-00235-JBA Document 138-5 Filed 01/18/08 Page 35 of 48 CONNECTICUT VALLEY HOSPITAL CVH-305 · ADMISSION PSYCHOSOCIAL HISTORY Rev. 9/01 AND ASSESSMENT [ ] General Psychiatry Division Name: BOLMER, BRETT 1 Addiction Services Division [X] Whiting Forensic Division MPI#: 146031 Alias Name(s): Date of Admission: 02/14/03 Date of Birth: 06/07/60 SS#: 043-64-5102 Age: 42 Legal Status: 54-56d Primary Referral Source: Superior Court GA 18, Bantam, CT U.S. Citizen: [X] Yes Birthplace: Danbury, CT [] No Religion: Last Community Address: 8 Prospect Street; New Milford, CT 06776 Marital Status: [X] Never Married Parole/Probation Officer [X] No RACE: **ETHNIC ORIGIN:** [X] (01) White [X] (02) Non Hispanic Veteran's Status: [X] Not a Veteran **EMERGENCY CONTACT:** Relationship: [ ] Friend [ ] Parent/Step-Parent [ ] Sibling [ ] Spouse [ ] Significant Other [ ] Child/Step-Child [ ] Other Family Member (specify): [ ] Other: Address: Home Phone: Work Phone: CONSERVATOR: [X] No CASE MANAGER / COMMUNITY PROVIDER: Name: Greater Danbury Mental Health Authority, Honey Samantero Work #: 203-778-1640 Address: 64 West Street, Danbury, CT 06810 Fax #: 203-778-2720 Page #: 203-593-3778 CAC#: Jail Diversion 203-910-0229 SOURCES OF INFORMATION: Did patient participate in provision of data? [X] Yes Reliability: Patient was able to participate both in the discharge planning and treatment planning process and was considered fairly reliable. If not, reason: Patient was unable to identify a family member who he Family contacted: [X] No considered appropriate to participate in the provision of data.

ADDITIONAL SOURCES and COLLATERAL CONTACTS

Name: Office of Court Evaluations Competency to Stand Trial Report Re; Brett Bolmer

Dated: February 11, 2003 Reliability: Good

Name: Fairfield Hills Hospital Records 10/5/85 to 10/7/85, 2/6/83 (admission), 7/10/81 (admission)

Reliability: Good

#### 

ADMISSION PSYCHOSOCIAL ASSESSMENT, Continued

NAME: BOLMER, BRETT

MPI: 146031

PAGE: 2

Precipitants to admission (Reported by family, community, others): Prior to admission patient was living in his apartment in New Milford, CT. Patient was arrested on July 13, 2002, July 14, 2002, and July21, 2002 (please see legal section of the chart). Patient was not incarcerated, on 1/17/03 there was a competency to stand trial evaluation ordered to be done. On February 4, 2003 the patient was examined by the Office of Court Evaluation for about an hour at the Bridgeport Office of Court Evaluations. In their opinion, the patient was not able to understand the proceedings pending against him or to assist in his defense. On 2/14/03 there was a hearing on the matter and the patient was found not completed to stand trial and committed to CVH for the purpose of being restored to competency.

<u>Patient's view about admission</u>: Upon admission patient was despondent, angry at the complainants, confused and agitated. As patient improved psychiatrically, he became more understanding and accepting of the commitment and now states "Well it's better then going to jail".

<u>Living situation, social and occupational functioning over the past year</u>: Prior to admission, the patient was unemployed, \$300 behind in his rent, and his Social Security had been discontinued. It does not appear patient was taking medication or involved in treatment.

Significant stressors over	the past year which have	contributed to admission:
----------------------------	--------------------------	---------------------------

X] Problems with primary support group	[X] Economic problems

[ ] Problems related to the social environment [ ] Problems with access to health care services

[ ] Educational problems [X] Problems related to interaction with legal system/crime

[ ] Occupational problems [ ] Other psychosocial and environmental problems:

[X] Housing problems

#### **DEVELOPMENTAL HISTORY: Childhood and Adolescence**

Composition of household / who raised the patient: This patient was born in Danbury, CT. He was the fourth child of Nofer and Lorraine Bolmer. Patient has an older brother David, an older brother Gary, a younger sister Cheryl and a younger brother William. He was raised by his parents, who divorced, in 1973, when the patient was 13.

Family relationships and household atmosphere (*Domestic violence*): As noted, patient's parents were divorced at age 13. His father, a carpenter, remarried on the day the patient was graduating (which according to collateral sources caused the patient much distress). The patient's mother was a diabetic and a sibling arthritic. Past records indicated that patient's mother "finds coping with her own problems and those of the patient (Brett) and his younger arthritic brother exceedingly difficult". Brett indicated that his mother drank.

<u>Family history of psychiatric/substance abuse problems</u>: As noted above, past records indicate patient's mother may have abused alcohol.

<u>Physical abuse</u>, <u>sexual abuse</u>, <u>neglect or trauma history</u>: Patient denies, but as noted elsewhere, during patient's adolescence patient's father was not in the home and patient's mother had significant difficulties of her own.

Department of Children and Families involvement: [X] No

Ethnic, cultural, and spiritual influences: Patient was raised a Roman Catholic but did not note this as significant.

Language barriers to participation in treatment: [X] No

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ADMISSION PSYCHOSOCIAL ASSESSMENT, Continued

NAME: BOLMER, BRETT

MPI: 146031

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#### **EDUCATIONAL HISTORY**

Educational Level (Highest Level Completed): [X] 12 Years High School Graduate/GED

Special classes (advanced or remedial): Learning disabilities: No special classes noted.

Social and behavioral adjustment to school: None known to this writer. Patient denies difficulties in school.

Educational barriers to participation in treatment: [X] No

## ADULT PSYCHOSOCIAL FUNCTIONING:

Relationship with family of origin: Relationship is strained. Patient's brother, David, is complainant in one of the charges against Brett.

Sexual orientation/gender identity; marital/significant other relationships: Patient is single and heterosexual. Past records indicated interpersonal relationships can be a significant course of stress, anger, and depression for the patient. Patient does not identify a current girlfriend.

Relationship with children (Include names, ages, gender): Patient does not have children.

Other sources of emotional support: Patient has limited sources of emotional support. Patient has a dog (currently with a friend) who the patient say s is important to him.

Any physical or sexual abuse between adults or with children: (Describe): Patient denies.

Ethnic, cultural, and spiritual identity and practices (Include impact on treatment): Patient does not identify any ethnic, cultural or spiritual issues that currently have an impact on treatment.

Occupational, vocational and military history: Patient has a spotty work history and does not appear to be able to hold a job for a long period of time. By the age of 24 he told an interviewer (in collateral sources) he had "30" jobs. Patient was previously on SSD but says he got off it because he "started his own business".

Pattern of daily functioning and use of leisure time: Patient may have difficulty organizing his day when not on his medication.

FINANCES (List amount, status and policy numbers as applicable):

SAGA:

Employment:

Title XIX:

Private Insurance:

SSI:

Medicare Part A/B:

SSD/A:

Voc. Program:

Payee:

Aid from family:

Funeral/Burial Plan [ ] No [ ] Yes Funeral Home:

City:

Other Assets and Savings: Patient has no assets. Was on SAGA and had a Connections Medical Card.

**LEGAL HISTORY** 

Age of first arrest: 20

Past legal involvement (Include dates, charges, incarcerations): Patient had had past legal involvement, not all records available at this time. However, the records available show patient has been arrested for Reckless Endangerment (two counts). His first arrest was at approximately age 20 for Criminal Mischief, he received a suspended sentence.

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ADMISSION PSYCHOSOCIAL ASSESSMENT, Continued

NAME: BOLMER, BRETT

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History of disciplinary problems during incarcerations: Patient was not incarcerated prior to this admission.

Current charges, court dates, and/or probation or parole status, Bond, Secret Service Hold and details: The patient has a number of charges. On July 13, 2002 it is alleged that he broke into the house of an acquaintance, apparently in an effort to collect money from one of the residents. He allegedly threatened to kill one of the other occupants and her roommate. He is charged with Burglary III and Threatening II from this incident. On July 14, 2002 it is alleged Mr. Bolmer phoned the same house and left a message that caused the occupants to be concerned for their safety. He is charged with Harassment II stemming from this incident. A week later on July 21, 2002 it is alleged that Mr. Bolmer had a dispute with his brother, David. David reported to the police that Brett attempted to hit him. From this incident the patient is charged with Disorderly Conduct. The patient is represented by Jim Longwell of the Bantam Superior Court. Therapeutic is a hearing scheduled on this matter on April 15, 2003.

GLOBAL ASSESSMENT OF FUNCTIONING

LOBAL ASSESSMENT OF FONCTIONING								
AXIS V: Current GAF	Global Assessment of Functioning 100-91 Superior functioning	30-21 Behavior influenced by delusions/ hallucinations; serious						
	90-81 Absent; minimal symptoms	impairment in communication;						
<u>51</u>	80-71 Symptoms transient; slight impairment	judgment or inability to function						
Highest GAF	70-61 Mild symptoms; some difficulty in functioning	almost all areas						
Past Year	60-51 Moderate symptoms; some difficulty in functioning	20-11 Some danger of hurting self or other, occasionally fails to maintain hygiene, gross						
	50-41 Serious symptoms; any serious impairment in	impairment in communication						
	functioning	10-1 Danger of severely hurting self or						
	40-31 Some impairment in reality testing/communication; major impairment in several areas	others; inability to maintain minimal hygiene; serious suicidal act						
		0 Inadequate information						

# SUBSTANCE ABUSE HISTORY

CODOTAROL ABOUL INDICAR									
	Age of Onset			Last		Use			
Substance		Pattern, Amount, Method of Use		Date		Amount			
Alcohol	15			,					

Current primary drug(s) of choice:

Previous involvement in 12-step groups: Patient has attended AA.

**PREVIOUS TREATMENT** 

Detox: Number of times:

Where:

Treatment Programs (Inpatient and Outpatient)

	Dates	Inpatient or	
Facility Name & Location	From/To	Outpatient	Type of Discharge
"Alcohol Program in Fairfield House"	02/16/82		Left to go back to inpatien
		<u> </u>	psychiatric unit due to agitation

Longest periods of abstinence (Dates and substance): Patient denies alcohol is currently a problem for him.

Any known pattern to relapse:

4

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ADMISSION PSYCHOSOCIAL ASSESSMENT, Continued

NAME: BOLMER, BRETT

MPI: 146031

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## PSYCHIATRIC HISTORY

<u>First contact with mental health system (Age, precipitants, diagnosis)</u>: Patient was first hospitalized at Fairfield Hills Hospital on July 10, 1981. Evidently patient called the Danbury Police Station saying he was going to kill himself. He stated at that time he was depressed because his girlfriend was cheating on him Patient was diagnosed with Adjustment Disorder with depressed mood.

History of treatment in community/hospitals/placements (*Dates, places, behaviors*): After the admission noted above, patient was re-admitted to Fairfield Hospital on 2/6/82. It was noted that he admitted himself voluntarily, he had broken up with his girlfriend, allegedly went into the girlfriend's home and wrote on her walls. He was taken into police custody and was taken to Fairfield Hills Hospital. Patient's final diagnosis was Axis I: Intermittently Explosive Disorder and Alcohol Abuse. Charges had been brought against him and he was discharged to police custody. Patient was again admitted to Fairfield Hills Hospital in 10/15/85 and discharged 10/7/85. Patient has also had psychiatric admission to Danbury Hospital and has been involved in the Jail Diversion Program.

Successful interventions

Patient's viewpoint: Initially patient was resistive to medication but now feels it helps.

Family/community's viewpoint: Patient's family and community providers are not currently involved.

<u>Past sign/symptoms of decompensation</u>: Patient can become agitated, threatening, speak rapidly and expresses suicidal ideation.

## **CURRENT TREATMENT ISSUES**

<u>Patient's perception of strengths, treatment needs, and goals</u>: Patient seems himself as a "good guy", his goal is to discharge back to the community and obtain a place to live.

<u>Family/Community's view of patient's strengths, treatment needs and their degree of support and involvement</u>: Patient's family not involved. Lead agency is due up this week to begin the discharge planning process with them (Danbury Mental Health).

## **CURRENT MEDICAL ISSUES**

<u>Current medical issues effecting treatment planning</u>: No acute problems. Patient is diabetic, will need aftercare for this.

#### **HIGH RISK ISSUES**

<u>High risk issues</u>: Patient admitted with a charge of attempted assaultive behavior towards a family member. In the past, patient has expressed suicidal ideations.

SOCIAL WORK ASSESSMENT: This patient is a 42 year old single, Caucasian unemployed male admitted to CVH for the purpose of restoration to competency on multiple charges. Patient has a long history of multiple psychiatric admission, alcohol abuse (although patient currently states he doesn't drink) and difficulties with the law. Upon admission patient had pressured, rapid, disjointed speech, emotional dyscontrol, ("hysterical"), tearful, angry, despondent, paranoid and did not attend to his personal appearance. Patient was started on a course of treatment and incrementally improved becoming calmer, able to communicate more clearly and attend to his appearance.

Currently patient is homeless, without funds, appears to be "at odds" with a family member. Patient has a history of difficulty maintaining himself appropriately in the community. Patient will need a high level of support, psychiatric aftercare and may need residential services.

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ADMISSION PSYCHOSOCIAL ASSESSMENT, Continued

NAME: BOLMER, BRETT

MPI: 146031

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**SOCIAL WORK TREATMENT GOALS:** The first social work goal is to help the patient understand the nature of his commitment i.e.: the importance of understanding the proceedings against him and cooperating with his attorney in his defense. The second social work goal is to help the patient accept the need for treatment both here and when discharged. The last social work goal is to help the patient develop an appropriate discharge plan and access community resources.

**RECOMMENDED DISCHARGE PLAN:** Patient could benefit from respite care with ACT team level of case management. He will initially need SAGA medical assistance and should pursue re-obtaining his Social Security benefits.

PATIENT'S VIEWPOINT (Regarding discharge plan): Patient is cooperative with discharge planning, is concerned about his "homeless" status and hopes for help.

Kathy O'Neil, PSWA

03/18/03

KO/kff

Defendants' Exhibit J
Department of Mental Health and Addiction Services
Competence to Stand Trial Evaluation and Report, Brett Bolmer 4/4/2003.



# STATE OF CONNECTICUT

# DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES CONNECTICUT VALLEY HOSPITAL

April 4, 2003

Mr. Eric Groody Court Clerk Superior Court, GA 18 80 Doyle Road P. O. Box 667 Bantam, CT 06750

# Competence to Stand Trial Evaluation and Report

Re:

Bolmer, Brett

DOB: Docket #s: June 17, 1960 CR02-108512,

CR02-108511, and

CR02-108491

Dear Mr. Groody:

On February 14, 2003, the referenced defendant was found not competent to stand trial in accordance with Connecticut General Statutes, Section 54-56-d. He was remanded to the custody of the Department of Mental Health and Addiction Services for a period of sixty days to be restored to competency to stand trial. He was admitted to the Competency Restoration Service of Connecticut Valley Hospital on the same day.

On March 31, 2003, and again on April 3, 2003, the undersigned author formally examined Mr. Bolmer to determine if he had been restored to competency. In addition to information elicited from the defendant himself, the authors also reviewed the Connecticut Valley Hospital inpatient record, the Competency Evaluation Report prepared by the Bridgeport Office of Court Evaluations and dated February 11, 2003, and Mr. Bolmer's outpatient medical record from Danbury Hospital for the period from August 1998 to May 2001.

Phone: (860) 262-5000

P.O. Box 351 SILVER STREET, MIDDLETOWN, CT 06457

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## **CHARGES**

Mr. Bolmer is before the Court with charges in various cases that include Burglary in the Third Degree, a Class D Felony; Threatening in the Second Degree, a Class A Misdemeanor; Harassment in the Second Degree, a Class C Misdemeanor; and Disorderly Conduct, a Class C Misdemeanor.

## **FINDINGS**

It is the unanimous opinion of the undersigned Competency Monitor and the treatment team of the Connecticut Valley Hospital Competency Restoration Program that Mr. Bolmer has demonstrated a factual and rational understanding of his charges and of the proceedings pending against him. It is our further opinion that he has demonstrated the capacity to collaborate with his attorney in his own defense.

## CONFIDENTIALITY

At the outset of each interview the evaluator informed Mr. Bolmer that a report would be sent to the court regarding his competency to proceed with his case, and that testimony might be required with regard to that report. He was further informed that information related to his mental condition would not be treated as confidential in court reports and testimony. Mr. Bolmer indicated his understanding of this provision.

# PERSONAL BACKGROUND AND CLINICAL HISTORY

Mr. Bolmer is a 42-year-old single, white male who was raised in Connecticut by his parents, who divorced in 1973 when he was thirteen. His mother is deceased; he has limited contact with his father, who remarried. Mr. Bolmer has two older and two younger siblings, but has strained relationships with all but one brother. He never married, and he denies having children. He has a long history of mental illness, with psychiatric admissions to the state's Fairfield Hills Hospital in 1981, 1982, and 1985; and an admission to Danbury Hospital after that. At least one of those hospital admissions was related to depression with suicidal feelings; another was due to a suicide attempt by overdosing on his medications; and others were also precipitated by alcohol abuse. He has a history of previous arrests and court proceedings in which his competence was not questioned.

Mr. Bolmer has a twelfth-grade education. Although he reports a history of alcohol abuse, he denies recent alcohol use. He reported having some work history early in his adult life prior to being granted Social Security Disability. However, he reports that recently he forewent his disability in favor of operating his own business doing odd jobs and landscaping and selling knickknacks. He recently became homeless after a dispute



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with his brother, with whom he had reportedly purchased a house and to whom he later sold his interest in the house. He then stayed with friends and also slept in his truck.

Mr. Bolmer suffers from hypothyroidism and from diabetes mellitus. While in the community prior to his hospitalization he did not manage his diabetes. These two medical conditions notwithstanding, Mr. Bolmer tends to be distressed by an irrational preoccupation with having serious disease based on his own misinterpretation of bodily symptoms and on his perception of himself as a victim.

# COURSE OF HOSPITAL TREATMENT

Upon his admission to the hospital, Mr. Bolmer presented himself as angry over his legal situation and his hospitalization. He initially refused meals and medications and was prone to crying jags. He was sure he would die of an illness, and mentioned at least two such illnesses from which, laboratory testing subsequently revealed, he did not suffer. He refused showers and would not change his socks. He asserted irrational notions about conspiracies between the state in general, the police, and his alleged victims. Once he became more clinically stable, he was assaulted by a peer and again refused medications, directly stating his preference to die from diabetes. He was irritable and made frequent complaints of aches, pains, and illnesses.

To address his irrational thinking and his emotional volatility, his treating psychiatrist prescribed the anti-psychotic medication risperidone. He took it briefly and showed a good response with improved emotional stability and improved concentration. However, soon he complained that the medication made him "blind" which, although exaggerated, was identified by an optometrist to be more likely normal vision changes associated with age and or a result of uncontrolled diabetes. Since then Mr. Bolmer refused to take any further psychotropic medication. In contrast to his poor self-care prior to his hospital admission and his refusal of psychotropic medication, Mr. Bolmer cooperated with his medication for his hypothyroidism and diabetes mellitus as well as with regular checks of his blood sugar and, when necessary, injections of insulin.

Even at the time of his admission to the hospital, Mr. Bolmer had good baseline knowledge of his charges and of how cases are processed. He was receptive to new information. For example, he initially questioned whether a charge of Burglary could be prosecuted successfully even if the defendant did not "rob any place." After reviewing a copy of the relevant state statue, he indicated his ability to accommodate new information.

Despite Mr. Bolmer's good baseline understanding of his case, he was very emotional and melodramatic, and this raised concerns over whether he would be able to collaborate with his attorney in his own defense. For example, he initially indicated that he would prefer to go to prison so that he could "become a millionaire" by later suing over a false arrest. However, over the course of his inpatient stay he was able to gradually become more emotionally stable and to think more rationally about the possible outcomes of his

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case and to demonstrate reasonable thinking with regards to how he would make decisions about how to resolve his case. Throughout the restoration-to-competence phase of his hospitalization, Mr. Bolmer consistently cooperated with individual instruction for competency restoration and with periodic evaluations. He did not exhibit evidence of feigning mental disability, malingering, or of suppressing his abilities to avoid proceeding with his case.

## **CURRENT DIAGNOSIS**

Axis I: 296.6 Bipolar I Disorder, Most Recent Episode Mixed

300.7 Hypochondriasis

History of Alcohol Abuse

Axis II: Histrionic Personality Traits
Axis III: Diabetes Mellitus, Type II

Autoimmune System-Induced Hypothyroidism

Axis IV: Homelessness, Unemployment, Problems With

Primary Support Group, and Interaction with

the Legal System

Axis V: GAF = 65 (Current)

GAF = 65 (Highest in the Past Year)

## PRESENT MEDICATIONS

Mr. Bolmer is currently prescribed, but does not agree to take, the following psychotropic medication:

Risperidone, 0.5 mg taken orally, at 8:00 a.m. and 1.5 mg at 8:00 p.m.

He is also prescribed (and complies with) the following medications for medical problems:

Glucophage, 1500 mg taken orally at 8:00 a.m. and 1000 mg taken orally at 4:00 p.m. as an antihyperglycemic agent;

Glucotrol XL, 10 mg taken orally at 8:00 a.m. as an antihyperglycemic agent; Synthroid, 175 mcg taken orally at 6:00 a.m.;

Aspirin, 81 mg taken orally once per day; and

Eucerin Cream, applied to both feet twice per day.

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## **CURRENT MENTAL STATUS**

During a mental status examination that was conducted on April 3, 2003, Mr. Bolmer presented as a large-framed white male who was casually dressed and demonstrated good hygiene. Although he had been sleeping, he cooperated with the



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examination and offered no protest. When asked to describe his mood (experienced emotional state), he stated, "I'm a victim; I've lost thousands of dollars." When redirected to express a feeling, he persisted, "I'm a righteous guy," and "Railroaded." When asked a fourth time to express a feeling, he stated, "Disgusted." His affect (observed emotional state) was angry and labile, consistent with his description of feeling "disgusted," and had a broad range from the verge of sobbing to irritable. His voice was melodramatic. He denied experiencing auditory or visual hallucinations at the time of the interview, and denied ever having "heard voices." He denied having paranoid thoughts and, despite his self-portrayal as a victim, no delusions or thought distortions were elicited during the examination. He denied having desire or plans to harm himself or others. He was alert and oriented to person, place, and time. In a test of registration and working memory he was able to repeat three out of three items immediately and to recall all three after five minutes.

Mr. Bolmer's thinking was rational and goal-directed. There was no evidence of thought blocking, obsessions (unwanted thoughts), or thought derailment. He spoke of his plans to initiate various lawsuits against a variety of groups and individuals once his current charges are resolved. He was able to recall and explain current events including the war and SARS. His concentration, or the ability to sustain attention over time, was rated as good. He was able to interpret a familiar speech idiom in a way that gave evidence of his capacity for abstract thinking, although his interpretation of a proverb was concrete. His insight was rated to be poor with regard to his emotional problems; and his judgment, which refers to making decisions when faced with hypothetical situations, was rated to be fair.

## UNDERSTANDING OF THE PROCEEDINGS

When asked about the circumstances leading to his arrest, Mr. Bolmer gave a lucid explanation that was consistent with the record. He recited each of his charges, although he confused his Disorderly Conduct charge with Breach of Peace. Nonetheless, he knew the relative severity of each accusation and the associated maximum prison exposure of each. He indicated his disagreement with, but understanding of, his Burglary charge visavis the charge not being related to any allegation of robbery or larceny. Mr. Bolmer understood that he must answer his charges in a court of law, where a judge would oversee the process.

Mr. Bolmer understood that the prosecutor's role is to prove to a jury that a defendant is guilty. He understood that prosecutors might do this by calling witnesses. He knew who might be a witness in his case, and he understood that a prosecution witness, such as a victim, would be "against" him. He knew that his lawyer's role is to "defend me," and that his attorney would cross-examine prosecution witnesses and could call witnesses on his behalf. When asked to explain the role of a judge, he replied, "To sentence me."

Mr. Bolmer understood that he might have a future opportunity to choose to maintain his innocence and go to trial or to accept a possible negotiated plea. He indicated that one



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reason to go to trial would be that if his alleged victims did not attend, the charges might be dropped. However, he understood that the risk of going to trial was that he would "risk getting the full sentence." Mr. Bolmer spoke of his hopefulness that his attorney would arrange a deal in which he could "cop [sic] in order to get probation." He knew that to accept such an agreement he would either have to plead guilty to a crime or to plead "no lo contende [sic]." He knew that the latter plea could result in being sentenced, and that it would require that he give up his right to a trial.

Mr. Bolmer understood that if he were to plead guilty or to be found guilty after a trial, a judge would determine a lawful sentence. He knew his maximum prison exposure. He knew the meaning of probation: "I'd have to pee in a cup every week and see a stupid psychiatrist; it's a bunch of bullshit but if I didn't do it I could go to jail for six years." He was able to calculate and explain a suspended sentence. Finally, when asked about proper decorum and deportment in the courtroom, Mr. Bolmer indicated that he had had previous court experiences in which his behavior had been appropriate and that he understood what behavior is expected of defendants.

## ABILITY TO ASSIST IN HIS DEFENSE

Mr. Bolmer was able to name his next court date and to correctly identify his attorney by his first and last names. He understood that the attorney's role would be to defend him and "to try to keep me out of jail." He understood that he would be able to help his attorney by accepting his legal advice. Mr. Bolmer said that he would be able to tell his attorney "my side of the story," and that his attorney would not use this information against him.

Mr. Bolmer described his attorney as someone who "negotiates with the D. A. [sic]." When asked what the two would negotiate, he explained that defendants can "agree to a deal in order to get the case over with and not get the maximum penalty." Mr. Bolmer demonstrated an ability to think rationally when considering hypothetical negotiated pleas. He rejected a hypothetical plea that was the same as his maximum penal exposure. He understood that he would not be obliged to accept a plea offer, and he expressed his confidence that his attorney would give him good advice about what to do.

Regarding his ability to maintain his competence over time, the restoration team has noted that Mr. Bolmer is now clinically stable despite his refusal to take prescribed psychotropic medications. However, the nature of Bipolar illness is to be cyclical, and Mr. Bolmer's mental condition can be affected by his current non-compliance with his psychiatric medication or his possible future non-compliance with his medication that controls his diabetes and hypothyroidism. Therefore, predictions about his competence in the long-term are limited by Mr. Bolmer's treatment compliance.

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## **CONCLUSION**

It is the unanimous opinion of the undersigned Competency Monitor and the treatment team at Connecticut Valley Hospital's Competency Restoration Unit that Mr. Bolmer understands the charges pending against him and that he understands how a case is processed in Court. He is clinically stable, and he is able to behave appropriately in the courtroom. Mr. Bolmer has an appreciation of his current legal situation, his options for resolving his case, and the range of penalties he faces. It is our further opinion that Mr. Bolmer is able to work with his attorney in his own defense. Despite his emotional variability, he is able to concentrate on what is said to him, to think rationally, and to consider his attorney's advice when making decisions about his case.

In the event that the Court finds that Mr. Bolmer is competent and remands him to the custody of the Connecticut Department of Corrections, the hospital recommends that he continue to receive his medical and mental health treatment there. To that end, the hospital will forward to the Department of Corrections the clinical information needed to help ensure the continuity of his care.

In the event that the Court finds that Mr. Bolmer is competent and releases him from custody, the following discharge plan is in place. Mr. Bolmer will receive clinical aftercare services through the Greater Danbury Mental Health Authority, including crisis, case management, and outreach services. He has been referred to the Transitional Residence program there as well, pending bed availability. In the event that a bed is not available at the time of his release, a staff person of the Greater Danbury Mental Health Authority will assist Mr. Bolmer in finding a temporary, single-room occupancy situation while awaiting space in the transitional living facility.

Respectfully submitted,

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Competency Monitor

Connecticut Valley Hospital

Craio Rums M.D.

Treating Psychiatrist

Connecticut Valley Hospital

RC/rc

pc:

Prosecutor

Public Defender