

SM Exhibit J

- Face to face  
TK Telephone  
Contact

4/13/09 - FIFTEEN Addition Schoolcraft

on job site 02,

4/33,

At school

Chest pain of Calvin started in work situation, like  
heat, & heavy gear on. Chest tightness. ERG's advised,  
a few weeks ago, on 4/3/09, was off duty at home  
& felt bad. Fast week, Chest tightness. Could feel heart  
(Never had nervousness)

Loxapain  
injection

Jumping, not rapid heart beats. Feet like heart been  
when doesn't sleep well. → ER in first weeks. gave inj. of  
Loxapain & woke up feeling great. Took 2 to 6 end of next 2 nights but didn't sleep  
Just few months started getting blisters on feet (More foot pain  
now?) yes. Some Nov. But it's more comfortable  
on foot than in RMP. Can be too small for me  
People's make in case, it could. Use in May before this  
& know how it was blisters in sole shoes. Would rather walk also.

Handwritten notes on left margin

Stomach pain ~ 6 months. Diarrhea & constipation  
for it. ~ 2 months ago (PCP) prescribed Serenid.  
(for sleep or stress?) for sleeping, I think.

Handwritten notes on left margin

Doesn't visit <sup>no 20</sup> nets until recently, had it seen - be since 20  
out of mil, ...

Trouble sleeping ~ 3 months, (?) wake 4x/2 (?) pants bed ~ 5 AM.  
(b/c can't sleep?) Reports on how few weeks they have  
a lot of report of cigarettes like TV on, gets up ~ 1 PM, 2 PM.

(wake up day night?) NB,  
(Fall asleep at 5 or get in bed at 5?) Sleep at 5,  
(No 8 hr) Ah (?) this is 1x/2-3 days.  
off her couch to 6, gets up at 9-10 AM to  
get it done, 5-4-5 hours, - 4-5  
(?) 8 hr on RDO's;

Doing work week, 3 out of 5 days gets 4-5 hours,  
Feels run down <sup>down</sup> worse than it used to be when he  
can work regular hours. By other seem to handle it  
well.

"I eat crap" when at work <sup>if needed</sup>  
Wants to eat meat <sup>instead</sup> seems to keep  
putting it off, but doesn't seem to have a good  
around on pet food  
got referred to see nutritionist & psychiatrist.  
wants a better lifestyle.

Drinks too much soda (not diet) L  
Smokes with 7-11 at 3 AM of junk food

(Work problems?) He been told of better one summer  
in young get lost says "25", before Starbucks & <sup>Reynolds</sup> <sup>Stamps</sup>  
He applied it, next day had sign on back  
says (all you do it like your job, get another one)  
Dorset delays don't even know how to go about doing an  
appet. He hired a labor ally (cost \$5000 return)

labor cost. cost \$300

Out of 4/13/09 FIF = PO admission check

Union <sup>want</sup> might help & delegate find Max what to do.  
Even says he's been restrained & courts ok'd, but  
he never was no wrong, NO W/D immunity

2/25/07, MOS, delegate - 8/9 Summary in - rear, 1st Co 1 Jco,  
2 Co &  
4th 2 Co  
Ashm Lt

They said he has low activity, <sup>cannot</sup>  
\* other write false summary ~~to~~ want to apply  
about it. They want to be of "power" for 5 best  
books & cell phone

They want more 250's (stop, guests & guide reports)  
\* No training in it. Would like more time @ O's, etc  
other go, but MOS hasn't been ~~at~~ present  
MOS thinks it lower the standards of PO's who police that way  
Sparks has met the study of how they "should be"

too far spread  
some much  
more

\* Could be 12 hrs of NYPD Employee Support Program & he plans to submit recommendations to them  
MOS is for TX & his father was a PO in TX  
No police or, as did last officer (any change in activity in  
activity?) not sure summary probably lower than before, B.S.  
still very active cop, just less ~~the~~. Boss told him that he  
"used to be a hammer" but MOS don't recall ever being "a hammer"

(other  
Spem?) Few years behind in tax returns kept paying to do it but  
didn't just give stuff to HR block to do it for him,  
just to use him, not use us, no \$ problems.

document

at court case 5411, <sup>probate</sup> Blaine County court trust dated 10/15

Cap. treated badly (not a racist thing) idea of care for them was  
white trash, <sup>was lower</sup> low level middle class, both parents <sup>marked</sup> ~~marked~~  
no prob. with blocks of work in May, Black caps on hands  
on the county, state where he is assigned, other things  
state how people in community talk to each other + treat each other,  
the first part intent of biggest lawsuit block lots of suits against cap + Co.

Not  
Remembered  
Jammed  
The

No halloo parents "get into people very well, not any  
but wonder if they assign him there. he is incredibly good parent  
of 2 kids.

Was - <sup>Medline</sup> ~~medline~~ <sup>Medline</sup> ~~medline~~ just May 1997 - ~~state~~  
hasn't been to court since out of May  
even in evening <sup>parents</sup> ~~parents~~ <sup>look</sup> ~~look~~ <sup>learn</sup> ~~learn~~ <sup>a</sup> ~~a~~ <sup>list</sup> ~~list~~ <sup>of</sup> ~~of <sup>the</sup> ~~the <sup>state</sup> ~~state~~~~~~

Mother died of cancer 5 yrs ago. The case beat the  
hell out of me + my father. Father almost bankrupt, <sup>parents</sup> ~~parents~~

Father near bankruptcy <sup>was</sup> ~~was~~ <sup>the</sup> ~~the~~ <sup>reason</sup> ~~reason~~ of <sup>the</sup> ~~the~~ <sup>U2</sup> ~~U2~~ / <sup>penalties</sup> ~~penalties~~  
Father is 53, 1/2 yrs in 2/07, father had syphilis when

1/2

body starts peeling off itself, looked + searched like head starts  
just found out <sup>cap</sup> ~~cap~~ <sup>the</sup> ~~the~~ <sup>to</sup> ~~to <sup>take</sup> ~~take~~ <sup>his</sup> ~~his~~ <sup>body</sup> ~~body~~ <sup>from</sup> ~~from~~ <sup>long</sup> ~~long~~  
bottle of hydrocodone, + my other <sup>mother</sup> ~~mother~~ <sup>she</sup> ~~she~~ <sup>has</sup> ~~has~~ <sup>been</sup> ~~been~~ <sup>on</sup> ~~on~~ <sup>it</sup> ~~it~~ <sup>for</sup> ~~for~~ <sup>years</sup> ~~years~~~~

Father got it all from VA, (except out of 31 served during last war in,  
Vietnam, the war M.P. He both after wife's death they

difficult, no one in family was speaking clearly etc)  
Coffee for soda was only "fix" <sup>problem</sup> ~~problem~~

VA got Father on <sup>Chlorz</sup> ~~Chlorz~~, 3 months later bottle was  
lost use of left foot + still has that spine, only <sup>amput</sup> ~~amput~~ <sup>on</sup> ~~on~~

Left Foot



< Super by the [unclear] > - called [unclear]

Plan: Temp removal of F/A pending final decision from [unclear] & [unclear].

Feedback given MOS

Provided MOS to psychologist on mind-body connection & urged him to see a psychologist who specializes in the ego, also recommend a med. eval to a psychiatrist instead of his PCP but he declined, preparing crisis med if possible. Don't want meds

F/A removal conducted by LT MBula & carried out by Sgt. Michael of absence control & PO transfer of Med. Bills. Sgt. Collins ran the F/A checks: 2 F/A, 30 r/s should be out at Med Div / Strud Wic in Locker, 2 guns

Went at home & ID card was on his person, MOS cooperative, but doesn't want R/D @ C. [unclear] prep

4/14/09 - Super to B. Propp, - Plan on R/D

4/14/09 - [unclear] to B. Chiffa, Dr. Jolly, med off Med. Div & resting reliably to F/D. C. [unclear] prep

4/14/09 - Warn MOS about R/D decision - C. [unclear]

4/15/09 - T/C to MOS. Explain duty status decision

The [unclear] [unclear]

He is [unclear] it & does not intend to return. He repeatedly said "Why, hell of am entertaining the idea of seeing a psychologist?", even though I repeatedly explained that his physical [unclear] of stress are in need of this. He admitted the "change" on r/d, explained (again) that R/D is not a disciplinary action. We want to monitor him & encourage him so he can get better & get back to F/D. He verbally received RAZ's signal on 4/13/09. He will follow up that in writing. C. [unclear] prep

FITNESS FOR DUTY INTERVIEW FORM

INTERVIEWER Dr Lamsten DATE 4/13/09

NAME Po Adrian Schoolcraft

CURRENTLY LIVES WITH Self

FAMILY OF ORIGIN (parents, siblings)

Parents marital status Parents married 21/ mother's death

Deaths

Problems (e.g. serious illness)

Number of siblings 2 s. str. in TX, NO contact since mother death after was left off  
Past and current relationship with family 2d c father  
*Since mother's death after was left off, she & parents had probs & in 1984 father she was always & greatly respect at 19,*

MARITAL STATUS Married  Single  Divorced  Single  no first date

Children 0 NO real duty or service MOS 1 S13, 5th lowest grade

Dating pattern (if married) since moved to TX in 02

Describe relationship (length, quality) met 2 yr remote through common not out drinking in dorm, after 3 mos in Austin, TX & liked it in

Resolution of conflicts met 2 yr went to work a date to meet 2 in TX

FRIENDS (close)

Number 4-5 2 partners 2 women - re was 4 years ago  
(would talk about past stuff the?) no. 2nd father

On or off job both, NO 8:00 (?) don't want to do internet duty, will have duty he come up - for time but I never get out there? at 4:00 am not looking

Years known oldest friend 2001  
Sees how often

ALCOHOL USAGE

Alcohol in week use in at least a 40 just for fun in 5 days forget that?

Drank more at of date? 11-20 no 4 up before that time of mother looking

How often has too much to drink on 12/14, 17-20, 1st 24 in shipyard and on edge

Trouble after drinking trouble with her, in last 24 in shipyard and on edge

Blackouts 2x, in 12/14 (how much?) woke up in a park ca 10:00 am, 5 way drive in estate park, lots of food, pizza, can't taste the alcohol, 1st in park 1/2 hour back, woke up & rd nice again, no 12/14

PHYSICAL FIGHTS SINCE APPOINTMENT TO P.D. (not line of duty) no 12/14





ARRESTS

Number

LOW ACTIVITY (see Note)

Type

Why so few or many

NECESSARY FORCE USED

Type of force *physical*

Circumstances

Reaction

"Nurses" *ARREST*  
Not sure how many substituted

PHYSICAL STATUS

(Employee's report of)

General health

Sick time on job

Hospitalizations

Current medication(s)

HISTORY OF PSYCHOLOGICAL PROBLEMS

(Whether or not received treatment)

*See notes*  
*Chronic*  
*Recent*  
*Recent*  
*Recent*

ARRESTS/NON-TRAFFIC SUMMONSES (times employee was arrested)

MENTAL STATUS (Appearance, attitude, behavior, mood, thinking, speech, etc.)

*Appearance* *Report* *physical* *stress* *or* *fully* *express* *whether* *variety* *of*  
*circumstances* *but* *is* *reluctant* *to* *accept* *that* *there* *is* *any* *kind* *of* *problem* *or* *stress* *problem*  
*Does* *not* *want* *to* *be* *placed* *on* *R/D*, *minimizes*, *not* *psychotic*

WHY P.D.?

View of their job in the Department

*like* *police* *work* *in* *general*, *but* *does* *not* *like* *neighborhood* *where* *he* *works* *&*  
*Does* *not* *want* *to* *write* *a* *lot* *of* *summons*, *250's*, *Disagree* *with* *how* *deant*  
*conducts* *for* *#15*, *Minid* *experience* *labor* *with* *to* *contest* *his* *past* *criminal* *evaluation*

*○ F/A, NIS*  
*⊕ MACE, currently on 302 or with*  
*empty for last year, ~~year~~*  
*4000 duty off getting in replacement*  
*used 3-4K, 1 C2 duty with*  
*Dept but then using it - 1K*  
*Some concern of raise, ~~trans~~ ~~slow~~, ~~not~~ ~~true~~, ~~for~~ ~~you~~*  
*sums, ~~and~~ ~~cut~~ ~~be~~ ~~in~~ ~~path~~ ~~with~~ ~~daily~~ ~~etc~~*  
*My* *say* *sure* *quit* *him*, *not* *other* *way* *around*,  
*near* *planned* *on* *disrupt* *meeting*, *but* *just*  
*four* *last* *he's* *on* *some* *kind* *of* *"secret*  
*pet-least* *problem*, *9* *Few* *in* *unit* *with*  
*talk* *to* *him* *to* *get* *with* *of* *for* *in* *reality*  
*concern* *"the* *fully* *to* *MoS*, *since*  
*apparently* *evaluate* *reality*  
*260 (24)* *leave* *more* *back* *when* *on* *path*  
*not* *make* *any* *of* *only* *1* *only* *2000*, *(Chun*  
*to* *say* *he* *is* *working* *his* *close*, *(when?)* *-3,*

Re: PO Adrian Schoucraft  
7/27/09 F/F E Mos

Re: ~~them~~ ~~not~~ ~~any~~ ~~sleeping~~ ~~with~~ ~~not~~ ~~being~~  
wrote up for ~~they~~ at work since on R/D. They just leave  
him alone. City, always taking complaint reports etc.

re: PO A. Schoucraft

Dr. Lanstein  
G. Prupp, PLS

10/13/09

TC from P.C. Office, Sgt Bonilla  
646-610-5410

PO Schoucraft's father called "City Hall" and  
spoke to ~~the~~ Dep Mayor Slegler's assistant. The  
father said that his son was never told why he is  
on R/D. Sgt Bonilla reached out to PO  
Schoucraft who said he was never told why he  
is on R/D.

I told Sgt Bonilla that Dr. Lanstein was  
away, so could not report in an exact conversation, but I  
read some notes which confirm she "gave feedback," and more.  
I told that our policy is to ~~make~~ make sure ~~mod~~ know why  
~~the~~ they are being placed in R/D (even if they may  
disagree). We also try to direct ~~mod~~ to places they  
can get help, as Dr. Lanstein clearly did ~~it~~.

I told Sgt that Dr. Lanstein would call in  
PO Schoucraft as soon as she returns, <sup>and</sup> answer any  
questions he may have. Sgt Bonilla said that was  
fine - it ~~was~~ could wait for Dr. Lanstein's return.

Re: PO Adrian Schaalhoff

10/27/09 - FIFEMOS

Ad explained to Mos that Ad called him in immediately upon my return from a 2 wk vacation b/c Ad received msg that his father made a complaint downtown that Ad never told Mos the reason why he is on R/P. Since we had discussed that in detail at his initial & subsequent visits, Ad emphatically expressed an uncertainty of how he may not have wanted to tell his father the reason why he was on R/P. To make sure that he has a clear understanding of why he is on R/P, Ad again explained in detail that he is on R/P b/c he had significant physical manifestations of stress that were causing much discomfort & would benefit from treatment & further monitoring.

Mos sd he no longer has these physical stress even though he is still facing the same stress as before, while on R/P, he is at least clear of PET daily with complaints all day long - not stressful to him, but not very fun either (in his opinion) as regular F/P drinks.

Ad again re-emphasized stress mgmt & relaxation training so the next time he is faced with new increased stress, he won't have a recurrence of the chest pain, headache, morning upset stomach, etc, that he had for several months when he 1st came to PE's. He said he bought both books Ad recommended & started reading them, but not that helpful since not much he didn't know before. He thought the Burns book was kind of boring & preferred the Ellis book. He ~~was~~ forgot both books to today's apt & had Bookman in there, <sup>Ad</sup> not very far into them (so hasn't read much of them). He said he called a few people Ad recommended but none took a extra & one wanted \$500/hour <sup>Ad</sup> - Ad told him Ad could help him find an Action Hospital & be sure they must cover CBT for physical Ss of stress. He said he would call later & his provider & if none of his present HMO plan so Ad can make sure the provider are in-network. Mos expressed an appreciation of the assistance.

Adrian Schaalhoff

10/27/09 - Mos called with his health insurance info.

C. J. P. P.

10/27/09 - T/C U Mos

I informed Mos that I found a number of psychologists in Forest Hills (his preferred location) who accept Aetna HMO & specialize in CBT, Anxiety, & Stress Mgt. He does not have a private pay machine so I offered to mail it to him. I also gave him the Aetna behavioral health.com website for further reference as well as Educ. & self-assessment tools.

C. J. P. P.

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Let me know if you need any further assistance.

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